

Blue Girl Stroll

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Kathryn Rowlands (WLS)
音樂: Blue Kentucky Girl - Emmylou Harris



STEP, SCUFF, STEP, SCUFF, ROCKING CHAIR

1-2 Right foot step forward, left foot scuff floor
3-4 Left foot step forward, foot scuff floor right
5-6 Right foot rock forward, left foot rock back
7-8 Right foot rock back, left foot rock forward

COASTER, ROCK BACK, ROCK FORWARD, ¼ TURN

9-10 Right foot step forward, left foot step forward
11-12 Right foot step back, pause; left foot rock back
13-14 Right foot rock forward, left foot step forward
15-16 ¼ turn to right, and shift weight onto right foot

EXTENDED WEAVE, PAUSE

17-18 Cross left foot over right, step right foot to right
19-20 Step left foot behind right, step right foot to right
21-22 Cross left foot over right, step right foot to right
23-24 Step left foot behind right, pause

STEP, SCUFF, STEP, SCUFF, STEP-LOCK-STEP, SCUFF & ¼ TURN

25-26 Right foot step forward, left foot scuff floor
27-28 Left foot step forward, right foot scuff floor
29-30 Right foot step forward, left foot lock behind right
31-32 Right foot step forward, left foot scuff floor with ¼ turn to the right

WEAVE, CROSS ROCK, PAUSE

33-3 Cross left foot over right, step right foot to right
35-36 Step left foot behind right, step right foot to right
37-38 Rock left foot across right, rock right foot back
39-40 Step left foot to left, pause

COASTER, PAUSE, COASTER, SCUFF

41-42 Right foot step forward, left foot step forward
43-44 Right foot step back, pause
45-46 Left foot step back, right foot step back
47-48 Left foot step forward, right foot scuff floor

REPEAT
