

Blue Finger Lou

COPPER KNOB
BY STEPHEN

拍數: 80

牆數: 4

級數: Phrased Intermediate / Advanced
east coast swing



編舞者: Max Perry (USA) & A.T. Kinson (USA)

音樂: Blue Finger Lou - Anne Murray

Sequence: AAB ACB ACB AA

Don't let the phrasing scare you! It is easy to hear the parts in the song and Parts A & B are 32 counts each so if you happen to miss one it's ok. A. T. & I had fun putting this together, and we hope you have fun with it as well.

-- Max Perry

PART A - 32 counts

KICK & KICK & SHUFFLE STEP, KICK & KICK & SHUFFLE STEP

1&2& Kick left forward, step left next to right, kick right forward, step right next to left

3&4 Left shuffle forward (left, right, left)

5&6& Kick right forward, step right next to left, kick left forward, step left next to right

7&8 Right shuffle forward (right, left, right)

LEFT JAZZ BOX WITH TOUCH, SYNCOPATED WEAVE RIGHT

1-2-3-4 Cross step left over right, step right back, step left to left side, touch right next to left

&5&6 Step right to right side, cross left behind right, step right to right side, cross left over right

&7&8 Step right to right side, cross left behind right, step right to right side, cross left over right

RIGHT & LEFT KNEE ROLLS, HEEL TOUCHES SIDE & ACROSS WITH SWIVELS

1-2 Step right to right side as you roll right knee to right

The foot action will be a ball, flat motion as you roll the knee out to the right. You may also lead with the right hip, like a jazz walk in place.

3-4 Step left to left side (slightly) as you roll left knee to left

Same styling as above

5-6 Touch right heel to right side & slightly forward, touch right heel in front of left

7-8 Touch right heel to right side & slightly forward, touch right heel in front of left

As you do these touches with the right heel, you should swivel on the ball of the left foot and will travel slightly to the right (very similar to the move called a "Dwight Yoakam"). The left heel will twist to the left as you touch the right heel to the right. The left heel will twist to the right as you touch the right heel in front of the left, etc.

SIDE, TOUCH, TURN, HITCH

1-2 Step right to right side as you square off to center, touch left toe to left side

3-4 Shift weight to left foot & turn ¼ to right, hitch right knee

On the "hitch", you will bring the right foot next to the left leg just below the knee (passé position)

CROSSING SHUFFLE TURNING ¼ RIGHT, STEP FORWARD, SLIDE TOGETHER

5&6 Right shuffle forward turning ¼ to right (6:00) (right, left, right)

This can also be danced as a "paddle turn" as "cross, ball, change"

7-8 Step left forward, slide right up to left foot

PART B - 32 counts

RIGHT & LEFT VAUDEVILLES (HEEL JACKS)

&1&2 Step left diagonally back, touch right heel to right side, step right to center, cross step left over right

&3&4 Step right diagonally back, touch left heel to left side, step left to center, cross step right over left

- &5&6 Repeat left Vaudeville (counts &1&2)
&7&8 Repeat right Vaudeville, except touch right next to left on count 8

STEP FORWARD, SWIVEL HEEL, TOE, HEEL, STEP FORWARD, SWIVEL HEEL, TOE, HEEL

- 1 Step right diagonally forward (to the right)
2-3-4 Slide left up to right by twisting left heel in, left toe in, left heel in
5 Step left diagonally forward (to the left)
6-7-8 Slide right up to left by twisting right heel in, right toe in, right heel in (weight on left)

CURLY SHUFFLE BACKWARDS, LEFT COASTER STEP

- &1-2 Scoot left foot slightly back & bend right knee with right foot back, touch right toe to floor, step back on right
3&4 Step left back, step right next to left, step left forward

ROLLING 360 TO RIGHT (3 COUNT TURN), RIGHT SIDE SHUFFLE

- 5-6 Turn $\frac{1}{4}$ right & step right forward, turn $\frac{1}{2}$ right & step left back
7&8 Turn $\frac{1}{4}$ right and do a right side shuffle (right, left, right)

TOGETHER, LARGE SIDE STEP RIGHT, HOLD, CROSS, HOLD, UNWIND $\frac{3}{4}$ RIGHT

- &1-2 Step left next to right, step right to right side (large step), hold
3-4 Cross step left over right, hold
5-6-7-8 Slowly unwind $\frac{3}{4}$ to right, transferring weight to right foot

PART C - 16 counts

HOLD, CROSS HEEL ROCK, BACK ROCK, SAILOR SHUFFLE

- 1&2 Hold, cross rock left over right with heel, step right in place (body angles right)
&3 Rock step left diagonally back, step right in place (body still angled right)
4&5 Cross step left behind right, step right to right side slightly, step left to left side and angle body to left corner

In other words, at the beginning of this section you are rocking toward the corner to your right, then turning on the sailor shuffle to face the corner to your left

- &6&7 Cross rock right over left with right heel, step left in place with body angled left, rock step right diagonally back, step left in place

- 8&1 Cross step right behind left, step left to left side slightly, step right to right side

Again, this is a sailor shuffle that will turn slightly to the right so you will now be aligned with the corner to your right.

SYNCOPATED CHASSE' (SIDE STEPS) TO RIGHT, RIGHT PADDLE TURN TURNING ONE FULL REVOLUTION

- 2&3 Hold, step left next to right, step right to right side (toe turned out)
4& Hold, step left next to right
5& Step right to right side toe turned out, rock left back with ball of foot
6&7& Repeat 5& two more times
8 Step right to right side toe turned out

This is a paddle turn where one foot stays stationary and the other foot helps propel you around. Think of it as "step, rock, step, rock, step, rock, step" turning a little bit each time until you have turned all the way around in one spot to face the same wall you started on.
