

Blue Days (P)

拍數: 56 牆數: 0 級數: Partner
編舞者: Diane Jackson (UK)
音樂: Blue Days - Suzy Bogguss



Position: Closed Western with man facing LOD

WALK, WALK CHA-CHA-CHA, TWICE

1-2 **MAN:** Walk forward left, right
 LADY: Walk backward right left
3&4 **MAN:** Cha-cha-cha left right left
 LADY: Cha-cha-cha right left right
5-8 **MAN:** Repeat 1-4 starting on right
 LADY: Repeat 1-4 starting on left

ROCK STEP CHA-CHA-CHA TWICE

9-10 **MAN:** Step forward on left recover onto right
 LADY: Step back on right recover onto left
11&12 **MAN:** Cha-cha-cha backwards left right left
 LADY: Cha-cha-cha right-left-right turning $\frac{1}{2}$ left into right side by side
13-14 **MAN:** Step back on right recover onto left
 LADY: Step back on left, recover onto right
15&16 **MAN:** Cha-cha-cha forward right-left-right
 LADY: Cha-cha-cha forward left-right-left

WALK, WALK CHA-CHA-CHA

17-18 **MAN:** Walk forward left right
 LADY: Walk forward right left
19&20 **MAN:** Cha-cha-cha left-right-left
 LADY: Cha-cha-cha right-left-right

SIDE STEP CHA-CHA-CHA

Left arms come over lady's head into VW position

21-22 **MAN:** Step right to right side behind lady, step left next to right
 LADY: Step left to left side in front of man, step right next to left

Lady now on man's left side

23&24 **MAN:** Cha-cha-cha forward right-left-right
 LADY: Cha-cha-cha forward left-right-left

STEP $\frac{1}{2}$ TURN (RLOD) CHA-CHA-CHA

Left arms come over lady's head

25-26 **MAN:** Step forward on left rock back onto right, turning $\frac{1}{2}$ turn left (RLOD)
 LADY: Step forward on right pivot $\frac{1}{2}$ turn left (RLOD)
27&28 **MAN:** Cha-cha-cha forward left-right-left
 LADY: Cha-cha-cha forward right-left-right

WALK, WALK CHA-CHA-CHA

29-30 **MAN:** Walk forward right left
 LADY: Walk forward left right
31&32 **MAN:** Cha-cha-cha right-left-right
 LADY: Cha-cha-cha left-right-left

STEP ½ TURN (LOD) CHA-CHA-CHA

Right arms over lady's head into V W position

- 33-34 **MAN:** Step forward on left pivot ½ turn right (LOD)
 LADY: Step forward on right pivot ½ turn left (LOD)
- 35&36 **MAN:** Cha-cha-cha forward left-right-left
 LADY: Cha-cha-cha forward right-left-right

STEP ½ TURN (RLOD) CHA-CHA-CHA

Right arms over mans head, left arms behind mans back

- 37-38 **MAN:** Step forward on right rock back onto left turning ½ turn right (RLOD)
 LADY: Step forward on left pivot ½ turn right (RLOD)
- 39&40 **MAN:** Cha-cha-cha forward right-left-right
 LADY: Cha-cha-cha forward left-right-left

STEP ½ TURN (LOD) CHA-CHA-CHA

Drop left hands, raise right arms over lady's head back into left side by side

- 41-42 **MAN:** Step forward on left pivot ½ turn right (LOD)
 Lady: Step forward on right, rock back onto left turning ½ turn right (LOD)
- 43&44 **MAN:** Cha-cha-cha forward left-right-left
 LADY: Cha-cha-cha forward right-left-right

WALK, WALK CHA-CHA-CHA

- 45-46 **MAN:** Walk forward right left
 LADY: Walk forward left right
- 47&48 **MAN:** Cha-cha-cha forward right-left-right
 LADY: Cha-cha-cha forward left-right-left

WALK, WALK CHA-CHA-CHA

Left arms over lady's head into cross arm position

- 49-50 **MAN:** Step left right in place
 LADY: Walk right left turning ½ turn right, now facing man (RLOD)
- 51&52 **MAN:** Cha-cha-cha in place left-right-left
 LADY: Cha-cha-cha in place right-left-right

ROCK STEP CHA-CHA-CHA

Change hands into double hand hold

- 53-54 **MAN:** Step back on right recover forward onto left
 LADY: Step back on left recover forward onto right
- 56&56 **MAN:** Cha-cha-cha forward right-left-right into closed western
 LADY: Cha-cha-cha forward left-right-left into closed western

REPEAT
