

Blow Your Mind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Liam Hrycan (UK), Stephen Sunter (UK), Daniel Whittaker (UK) & Dynamite Dot (UK)
音樂: Baby I Need Your Love - Debelah Morgan



LEFT STEP FORWARD/RIGHT TOGETHER, BUMP HIPS (RIGHT, LEFT, RIGHT), LEFT STEP BACK/RIGHT TOGETHER, BUMP HIPS (RIGHT, LEFT, RIGHT)

1-2 Large step forward on left, slide right foot to place beside left
3&4 Bump hips - right, left, right
5-6 Large step back on left, slide right foot to place beside left
7&8 Bump hips - right, left, right

LEFT TOE BACK/PIVOT (½-LEFT) WITH SWEEP, LEFT SAILOR STEP, SKATE STEPS FORWARD (RIGHT, LEFT), RIGHT CROSS/OUT-OUT (LEFT, RIGHT)

9-10 Touch left toe back, pivot a ½ turn left on ball of right foot (weight ending on right foot)
& Sweep left toe around to back of right foot
11&12 Step left foot behind right, step right foot to right side, step left foot to left side (toes pointing left)
13-14 Skate step right foot forward (toes pointing right), skate step left foot forward (toes pointing left)
15&16 Cross step right foot over left, step left foot back to left side, step right foot to right side

LEFT TOE TOUCH/LEFT SIDE STEP (¼-LEFT), TRIPLE STEP FORWARD (½-LEFT), LEFT BACK ROCK/RECOVER, LEFT RUN FORWARD (LEFT, RIGHT)/LEFT SIDE TOE TOUCH

17-18 Touch left toe to place beside right foot, step left foot to left side a ¼ turn left
19&20 Triple step forward making a ½ turn left, stepping - right, left, right
21-22 Rock left foot back, recover weight onto right foot
23& Step left foot forward, step right foot forward
24 Touch left toe to left side

LEFT CROSS/UNWIND (½-RIGHT), LEFT TOE SWITCH/RIGHT SIDE KICK, RIGHT KICK FORWARD/HITCH, RIGHT COASTER STEP

25-26 Cross left foot over right, unwind a ½ turn right (weight ending on right foot)
27&28 Touch left toe to left side, step left foot to place beside right, kick right foot to right side
29-30 Kick right foot forward, hitch right knee
31&32 Step right foot back, step left foot to place beside right, step right foot forward

REPEAT
