

Bling Bling Cowboy

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數:
編舞者: Joyce Warren (USA)
音樂: Save a Horse (Ride a Cowboy) - Big & Rich



RIGHT ELECTRIC STOMP - LEFT SIDE SHUFFLE, ROCK, STEP

1& Step forward on right foot, step in place on left foot
2& Step back on right foot, step in place on left foot
3&4 Step forward on right foot, step in place on left foot, stomp right foot next to left foot
5&6 (Side shuffle) step left on left foot, step right foot next to left foot, step left on left foot
7-8 Rock behind left foot on right foot, step in place on left foot

RIGHT SIDE SHUFFLE, ROCK, STEP - LEFT ELECTRIC STOMP

9&10 (Side shuffle) step right on right foot, step left foot next to right foot, step right on right foot
11-12 Rock behind right foot on left foot, step in place on right foot
13& Step forward on left foot, step in place on right foot
14& Step back on left foot, step in place on right foot
15&16 Step forward on left foot, step in place on right foot, stomp left foot next to right foot

2 SHUFFLES FORWARD - RIGHT, LEFT BEHIND, RIGHT ROCK OUT THEN OVER LEFT

17&18 (Forward shuffle) step forward on right foot, step left foot next to right foot, step right foot forward
19&20 (Forward shuffle) step forward on left foot, step right foot next to left foot, step left foot forward
21-22 Step right on right foot, step left foot behind right foot
23&24 Step weight right on the ball of the right foot, rock weight back in on left foot, step over left foot on right foot

LEFT VINE WITH ¼ LEFT SHUFFLE - SIDE STEP WITH HIP THRUSTS (OR HIP CIRCLE TO THE LEFT)

25-26 Step left on left foot, step right foot behind left foot
27&28 Step ¼ left on left foot, step right foot next to left foot, step left foot forward
29-30 Long step right foot to right side, stomp left foot next to right foot
&31 (Hip thrusts) reach forward with both arms, push both hips straight forward as you pull in with both arms
&32 Push both hips back as you reach forward with both arms, push both hips straight forward as you pull in with both arms

Option

31-32 Circle hips to the left 2 times

REPEAT