

Blessing In Disguise

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Roy Thompson (UK)
音樂: Blessing in Disguise - Bryan Adams



SIDE TOUCH SIDE, BEHIND SIDE CROSS, SIDE TOUCH SIDE, SAILOR ¼ TURN

- 1&2 Point right to right side, touch right next to left, point right to right side
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Point left to left side, touch left next to right, point left to left side
7&8 Cross left behind right, step right to side making ¼ turn left, recover weight onto left (9:00)

STEP PIVOT STEP, BRUSH, CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP, 2X TOE STRUT

- 1&2& Step forward right, pivot ½ turn left, step forward on right, brush left forward (3:00)
3&4& Cross left over right, step right to right side, cross left over right, sweep right foot from back to front
5&6& Cross right over left, step left to left side, cross right over left, sweep left foot from back to front
7&8& Step left toe forward, step down on left foot, step right toe forward, step down on right foot (3:00)

STEP ¼ PIVOT, CROSS SIDE, BEHIND SIDE, BEHIND, ¼ TURN STEP, STEP ¼ PIVOT, CROSS, 2X ¼ HINGE STEP

- 1&2& Step forward left pivot ¼ turn right, cross left over right, step right to right side (6:00)
3&4& Cross left behind right, step right to right side, cross left behind right, ¼ turn right step forward on right (9:00)
5&6 Step forward left pivot ¼ turn right, cross left over right (12:00)
7&8 Step right to right side making ¼ turn to left, step left to left side making ¼ turn to left, cross right over left, hold (6:00)

CHASSE ¼ TURN, BACK ROCK RECOVER, STEP ½ TURN, COASTER STEP, FULL TURN LEFT

- 1&2 Step left to left side, close right next to left, step left to left side making a ¼ turn right (9:00)
This is a chasse with a reverse ¼ turn
3&4 Rock back on right, recover on left, step forward on right making ½ turn left (3:00)
5&6 Step back on left, step right next to left, step forward left
7-8 Traveling forward make a full turn to the left stepping right
Alternate steps: walk forward right, left (3:00)

REPEAT