# **Bless** You

拍數: 32

級數: Improver social cha

編舞者: Edwin Cheow (MY)

音樂: Bless You (Dance Mix) - Hokkien

## ROCK RIGHT, RECOVER, CROSS SHUFFLE RIGHT-LEFT-RIGHT, KNEE ROLL DIAGONALLY LEFT **TWICE OUTWARDS**

- 1-2 Step right to right, recover
- 3&4 Step right over left, step left behind right, step right over left
- Knee roll on left diagonally outwards (weight on right) 5-6
- 7-8 Knee roll on left diagonally outwards (weight on right)

## ROCK LEFT, RECOVER, CROSS SHUFFLE LEFT-RIGHT-LEFT, KNEE ROLL DIAGONALLY RIGHT **TWICE OUTWARDS**

- Step left to left, recover 1-2
- 3&4 Step left over right, step right behind left, step left over right
- 5-6 Knee roll on right diagonally outwards (weight on left)
- 7-8 Knee roll on right diagonally outwards (weight on left)

#### PIVOT ½ TURN LEFT, SHUFFLE FORWARD RIGHT-LEFT-RIGHT, ROCK FORWARD, SHUFFLE **BACKWARD LEFT-RIGHT-LEFT**

- 1-2 Step right forward, <sup>1</sup>/<sub>2</sub> turn left
- 3&4 Step right forward, step left behind right, step right forward
- 5-6 Step left forward, recover
- 7&8 Step left back, step right over left, step left back

#### CROSS ROCK RIGHT(NEW YORK RIGHT), RECOVER, CHASSE RIGHT, CROSS ROCK LEFT(NEW YORK LEFT), RECOVER, CHASSE LEFT

- 1-2 Step right over left, recover (hands New York)
- 3&4 Step right to right, step left beside right, step right to right
- 5-6 Step left over right, recover (hands New York)
- 7&8 Step left to left, step right beside left, step left to left repeat

#### REPEAT

#### TAG

Beginning of 3rd, 8th and 9th wall

## STEP RIGHT DIAGONALLY FORWARD, HOLD, STEP LEFT DIAGONALLY FORWARD, HOLD, ROCK BACK, RECOVER, SHUFFLE FORWARD RIGHT-LEFT-RIGHT

- Step right diagonally forward, hold with (optional: hands movement according to music) 1-2
- 3-4 Step left diagonally forward, hold with (optional: hands movement according to music)
- 5-6 Step right back, recover
- Step right forward, step left behind right, step right forward 7&8

#### SWAY LEFT, ¼ TURN RIGHT, SWAY LEFT, ¼ TURN RIGHT, ROCK LEFT FORWARD, RECOVER, COASTER STEP LEFT

- 1-2 Step left forward with hip bumps to left, recover with hip bumps to right with 1/4 turn right
- 3-4 Step left forward with hip bumps to left, recover with hip bumps to right with 1/4 turn right
- 5-6 Step left forward, recover
- 7&8 Step left back, step right beside left, step left forward
- 17-32 Repeat step 1-16





牆數:2