Blanket Cover

級數: Intermediate

編舞者: Teresa Lawrence (UK) & Vera Fisher (UK)

音樂: Blanket On The Ground - Jean Sheppard

KICK OUT OUT IN, ROCK ¼ TURN LEFT, ½ TURN LEFT, LEFT LOCK FORWARD

- 1&2&3&4
 1&ck right foot forward, step right slightly to right side, step left to left side, step right in close to left, rock forward on left, replace weight onto right, making ¼ turn left step forward on left
 5&6-7&8
 5 Step forward on right, make ½ turn left, step forward on right, step forward on left, lock right
 - behind left, step forward on left

MAMBO FORWARD, LEFT LOCK BACK, TRIPLE ¾ TURN RIGHT, SIDE ROCK & CROSS

- 1&2-3&4 Rock forward on right, replace weight onto left, step right next to left, step back on left, lock right in front of left, step back on left
- 5&6-7&8 Make a ¾ turn right stepping right, left, right, rock left to left side, replace weight onto right, cross left over right

SIDE ROCK & BACK KICK, SAILOR GOING BACK KICK, SAILOR GOING BACK KICK, CROSS SHUFFLE

- 1&2&3&4& Rock right to right side, replace weight onto left, step right behind left, do a small kick to left side
- 5&6-7&8 Step left back behind right, step right to right side, step left to left side, do a small kick to right side, step right back behind left, step left to left side, step right to right side, cross left over right, step right to right side, cross left over right (these "sailors" should be done traveling back slightly)

SIDE ROCK ¼ TURN LEFT, LEFT LOCK FORWARD, 4 WALKS ½ TURN LEFT

- 1&2-3&4Rock right to right side, making a ¼ turn left step forward on left, step forward on to right, step
forward on left, lock right behind left, step forward on left
- 1-2-3-4 Making a ½ turn left walk right, left, right, left (these walks should be in a kind of upside down "U" shape starting by stepping forward on your right & slowly turning left)

REPEAT

TAG

If you use the Billy Jo Spears version then at the end of wall 4 (you will be facing the front) there is an 8 count tag, All you do is walk around a whole turn to the left after you have done your ½ turn walk

1-8 Making a whole turn left walk around in a circle right, left, right, left, right, left, right, left, start dance again at the front





拍數: 32

牆數:4