

Blame It On Mama

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Blame It On Mama - The Jenkins



HEEL BALL CROSSES

- 1-2&3&4 Step right, left slightly behind right, step right, left heel forward left diagonal, left together, cross right over left
- 5-6&7&8 Step left, right slightly behind left, step left, right heel forward right diagonal, right together, left over right

MONTEREY ½ TURN, JAZZ BOX

- 1-2-3-4 Touch right toe to right side, ½ turn right on left, bring right together, with weight on right, touch left toe to left side, bring left together
- 5-6-7-8 Cross right over left, step back on left, ¼ turn right, step left next to right

½ PIVOT, SYNCOPATED ROCK STEPS, COASTER STEP

- 1-2-3&4 Pivot ½ turn right, rock right diagonal, recover left right together
- 5&6-7&8 Rock left diagonal, recover right, left together, right coaster step

SIDE SHUFFLE, ½ TURN LEFT, SIDE SHUFFLE, KICK UNWIND, CLAP

- 1&2-3&4 Left side shuffle, (left, right, left) ½ turn left, right side shuffle, (right, left, right)
- 5-6-7-8 Kick left over right, unwind ½ turn right, and clap

REPEAT
