

Blade Two

拍數: 32 牆數: 2 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: Tag Of The Machine - The Roots & BT



WALK, WALK, CROSS-ROCK-TOGETHER, CROSS-ROCK-TOGETHER, STEP, ¼ TURN

1-2 Walk forward right, left
3&4 Cross rock/step (forward) right over left, back on left, step right next to left
5&6 Cross rock/step (forward) left over right, back on right, step left next to right
7-8 Step forward on right, turn ¼ turn to left (weight is on left)

WALK, WALK, CROSS-ROCK-TOGETHER, CROSS-ROCK-TOGETHER, STEP, ¼ TURN

1-2 Walk forward right, left
3&4 Cross rock/step (forward) right over left, back on left, step right next to left
5&6 Cross rock/step (forward) left over right, back on right, step left next to right
7-8 Step forward on right, turn ¼ turn to left (weight is on left)

STEP AND WIGGLE FORWARD, STEP AND WIGGLE TO LEFT

1-2 Step forward on right as you bounce on right hip two times
3-4 Step left next to right as you bounce on left hip two times
5-6 Step right to right side as you bounce on right hip two times
7-8 Step left next to right as you bounce on left hip two times

STEP AND WIGGLE RIGHT, WALK BACK 3 STEPS, HITCH

1-2 Step left to left side as you bounce on left hip two times
3-4 Step right next to left as you bounce on right hip two times
5-6-7 Walk back 3 steps - left, right, left
8 Bring right knee up as you lean slightly back with your upper body

REPEAT

TAG

Done after first set of 32 counts

1-2 Step forward on right as you bounce on right hip
3-4 Step back on left as you bounce on left hip
