

Blackbird Twist

拍數: 32 牆數: 4 級數: Improver
編舞者: Marty West (CAN)
音樂: Down Came a Blackbird - Lila McCann



APART, TOGETHER, APART, TWIST, TWIST, TOGETHER, APART, TOGETHER TWIST, TWIST

- &1&2 Right foot small step to right side, left foot small step to left side, right foot small step to center, left foot small step beside right foot
- &3&4 Right foot small step to right side. Left foot small step to left side, twist heels to right side (optional: split heels out), twist heels to center (optional: clap on &4)
- &5&6 Right foot small step to center, left foot small step beside right foot, right foot small step to right side, left foot small step to left side
- &7&8 Right foot small step to center, left foot small step beside right foot, twist heels to right side, (optional: split heels out) twist heels to center (optional clap on &8)

STEP PIVOT ½, STEP PIVOT ½

- 9-12 Right foot step forward, pivot ½ turn to left right foot step forward, pivot ½ turn to left

CHASSE RIGHT CLAP, CLAP, CHASSE LEFT, CLAP, CLAP

- 13&14 Right foot step to right side, left foot step beside right foot, right foot step to right side
- &15 Left foot step beside right foot, right foot step to right side
- &16 Clap hands twice
- 17&18 Left foot step to left side, right foot step beside left foot, left foot step to left side
- &19 Right foot step beside left foot, left foot step to left side
- &20 Clap hands twice

STEP PIVOT ½, STEP PIVOT ¼

- 21-24 Right foot step forward, pivot ½ turn to left right foot step forward, pivot ¼ turn to left

JAZZ BOX, HEEL SWIVELS

- 25-28 Right foot step crossed over left foot, left foot step back, right foot step to right side, left foot step beside right foot
- 29-32 Swivel heels right, center, left, center

REPEAT
