

Black Label

拍數: 48 牆數: 4 級數:
編舞者: Lana Harvey (USA)
音樂: Serious Love - Rick Trevino



HEEL, CROSS TOE, HIP BUMPS

- 1 Touch right heel forward.
- 2 Cross right toe over left foot.
- 3 Touch right heel forward.
- 4 Step on right foot next to left foot.
- 5 Touch left toe back.
- 6 Step on left foot a shoulder width apart from right foot.
- 7-8 Two hip bumps to left side.

PIVOTS AND SHUFFLE

- 9 Step forward on right foot.
- 10 Pivot $\frac{1}{2}$ turn to the left.
- 11 Step forward on right foot.
- 12 Pivot $\frac{1}{4}$ turn to the left.
- 13-14 Shuffle slightly forward (right-left-right)
- 15 Step forward on right foot.
- 16 Pivot $\frac{1}{2}$ turn to the right.

LEFT VINE WITH BALL CHANGE, HIP ROCKS

- 17 Step to left with left foot.
- 18 Step right foot behind left.
- 19 Step to left with left foot.
- & Step on ball of right foot raising left foot off floor.
- 20 Step on left foot.
- 21 Moving right foot out shoulder width to right side, rock body to right.
- 22-24 Rock to left, right, and back to left side.

RIGHT VINE, KICKBALL CHANGE, STOMPS

- 25 Step to right with right foot.
- 26 Step left foot behind right.
- 27 Step to right with right foot.
- 28 Close left foot to right foot.
- 29 Kick right foot forward.
- & Step on ball of right foot raising left foot
- 30 Step on left foot.
- 31-32 Stomp right foot twice next to left.

HEEL GRIND QUARTER TURNS

- 33 Put right heel forward putting weight on it. "grind" heel by pivoting on heel $\frac{1}{4}$ turn to the right and lifting left foot off the ground.
- 34 Step down left foot.
- 35 Rock back on right foot.
- 36 Step forward onto left foot.
- 37-40 Repeat steps 33-36 making another quarter turn to the right

HEEL TOUCHES, LEFT TWISTS

- 41 Touch right heel forward.
- 42 Step right foot next to left.
- 43 Touch left heel forward.
- 44 Step left foot next to right.
- 45-46 Twist both heels to left; return to center.
- 47-48 Twist both heels to left; return to center.

REPEAT
