

Black Betty

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Crazy Chris (UK)
音樂: Black Betty 2003 - Tom Jones



& TOUCH & TOUCH, & ROCK & TOUCH, & TOUCH & TOUCH, & ROCK & STEP

&1&2 Step left back, touch right toe forward, step right back, touch left toe forward
&3&4 Step back left, touch right toe forward, step right beside left, touch left beside right
&5&6 Step left back, touch right toe forward, step right back, touch left toe forward
&7&8 Step back left, touch right toe forward, step right beside left, step left forward

WALK WALK, STEP TURN STEP, SAILOR STEP, KNEE POP KICK

1-2 Walk forward right, walk forward left
3&4 Step forward right, ½ turn over left shoulder taking weight onto left, ½ turn left over left shoulder stepping back onto right
&5&6 Sweep left foot out & around, step left behind right, step right to right side, step left to left side
7&8 Pop right knee into left, pop right knee out to right side turning ¼ turn right, kick right forward

COASTER STEP, STEP KICK & HITCH TURN, TAP TAP KICK BALL POINT

1&2 Step right back, step left beside right, step right forward
3-4 Step forward left, kick right forward
&5 Hitch right, turn ½ turn right over right shoulder
&6 Tap right foot slightly forward, tap right foot in same place
7&8 Kick right foot forward, step right beside left, point left to left side

KICK BALL POINT, KICK BALL POINT, CROSS ROCK, TRIPLE TURN

1&2 Kick left foot forward, step left beside right, point right to right side
3&4 Kick right foot forward, step right beside left, point left to left side
5-6 Cross rock left over right, recover onto right
7&8 ¼ turn left stepping left forward, ½ turn over left shoulder stepping back on right, ½ turn over left shoulder stepping left forward

TOUCH & TOUCH & FORWARD TOUCH, TOUCH & TOUCH & BACK SIDE

1&2 Touch right to right side, step right beside left, touch left to left side
&3-4 Step left beside right, step large step forward right, touch left beside right
5&6 Touch left to left side, step left beside right, touch right to right side
&7-8 Step right beside left, step large step back left, step right to right side

ROCK & RECOVER, ROCK & RECOVER, CROSS UNWIND, SLIDE STEP

1&2 Cross rock left over right, recover onto right, step left to left side
3&4 Cross rock right over left, recover onto left, step right to right side
5-6 Cross left over right, full unwind over right shoulder taking weight onto right
7-8 Step large step to left side with left, step right beside left

REPEAT