

Black & White

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數:
編舞者: David Cheshire (AUS)
音樂: Livin' In Black and White - Tracy Lawrence



FORWARD SHUFFLE, BACKWARD ½ PIVOT TURN RIGHT BACKWARD SHUFFLE, ROCK STEP

1&2 Shuffle forward, right-left-right
3-4 Step forward on left foot, lift both heels & pivot ½ turn to right step back on right
5&6 Shuffle backwards, left-right-left
7-8 Rock back on right foot, rock forward on left foot
9-16 Repeat steps 1-8

STEP HOLD, ½ TURN LEFT HOLD, CROSS ROCKS

17-18 Step forward on right foot & hold
19-20 Lift both heels & pivot ½ turn left & hold
21&22 Rock right to right, rock left to left, cross right over left
23&24 Rock left to left, rock right to right, cross left over right
25-32 Repeat steps 17-24

STEP HOLD ¼ TURN RIGHT, TRIPLE STEP ¾ TURN RIGHT STEP HOLD, PIVOT ½ TURN LEFT & HOLD. (TWICE)

33-34 Step forward on right foot turning ¼ right & hold
35&36 Step forward on left to begin ¾ turn to right-left-right-left
37-40 Repeat steps 33-36
41-42 Step forward on right foot & hold
43-44 Lift both heels & pivot ½ turn left & hold
45-56 Repeat steps 33-44

ROCK STEPS, BACKWARD SHUFFLE, ½ TURN RIGHT, TRIPLE STEP

57-58 Rock forward on right, rock back on left
59&60 Shuffle backwards right-left-right
61-62 Rock back on left & forward on right foot
63&64 Step forward on left turning ½ to right & triple step on spot left-right-left

REPEAT
