

Black And Blue

拍數: 40 牆數: 2 級數: Improver
編舞者: Andy Dixon
音樂: Black Eyes, Blue Tears - Shania Twain



JUMPS FORWARD & BACK, SIDE ROCK & CROSS SHUFFLE

&1-2 Small jump forward, stepping, right, left, clap
&3-4 Small jump back, stepping, right, left, clap
5-6 Rock right to right. Rock weight on left in place
7&8 Cross right over left. Step left to left side. Cross right over left.

SIDE ROCK & CROSS SHUFFLE, TRIPLE STEP $\frac{3}{4}$ TURN, ROCK STEP, SHUFFLE FORWARD

9-10 Rock left to left. Rock weight on right in place.
11&12 Triple step-left, right, left making $\frac{3}{4}$ turn right.
13-14 Rock back on right. Rock forward on left.
15&16 Step forward on right. Close left beside right. Step forward on right.

ROCK STEP, COASTER CROSS, SIDE, BEHIND, HEEL BALL TURN

17-18 Rock forward on left. Rock back on left.
19&20 Step back on left. Step right beside left. Cross left over right.
21-22 Step right to right side. Cross left behind right.
23&24 Touch right heel forward. Step right beside left. Cross left over right making $\frac{1}{4}$ turn right.

$\frac{1}{2}$ PIVOT LEFT, CROSS UNWIND FULL TURN, FORWARD STEPS

25-26 Step forward right. Pivot $\frac{1}{2}$ turn left.
27-28 Cross right over left. Unwind full turn left.
29-32 Walk forward-right, left, right, left. (step down on left)

TURNING SAILOR SHUFFLES (MAKING FULL TURN LEFT)

33&34 Cross right behind left. Step left $\frac{1}{4}$ turn left. Step right beside left.
35&36 Cross left behind right. Step right $\frac{1}{4}$ turn left. Step left beside right.
37&38 Cross right behind left. Step left $\frac{1}{4}$ turn left. Step right beside left.
39&40 Cross left behind right. Step right $\frac{1}{4}$ turn right left. Step left beside right. (completing full turn)

REPEAT
