

Bla Bla Bla

拍數: 0 牆數: 4 級數: Intermediate/Advanced
編舞者: Baraffe Sandra (FR)
音樂: Bla Bla Bla - Gigi D'Agostino



Sequence: AAA A(1-20) ABA BB AAAA B

PART A

BACK CROSS ROCK & RECOVER, ¼ SHUFFLE FORWARD, HEEL, TOUCH, HEEL BALL CROSS

- 1-2 Right rock behind left foot, recover weight on left foot
- 3&4 Turning ¼ right step right forward, step left foot together, step right foot forward
- 5&6 Left heel forward, step left next to right foot, touch right toe next left foot
- 7&8 Dig right heel forward, step right next left foot, cross left over right

½ PIVOT TURN, FLICK BACK, LOCK STEP FORWARD, KICK BALL CROSS, SIDE ROCK & RECOVER

- 1-2 Pivot ½ right (weight on right foot), right flick back (click your fingers)
- 3&4 Step right forward, lock left behind right, step right forward
- 5&6 Kick left, step on ball of left, cross right over left foot
- 7-8 Rock left to left side, recover weight on right

WEAVE, STEP FORWARD, ½ PIVOT TURN, HEEL BALL CROSS, ¾ PIVOT TURN

- 1&2 Cross step left foot behind right, step right foot to right side, cross step left foot over right
- 3-4 Step right forward, pivot ½ left (weight on left foot)
- 5&6 Dig right heel forward, step right next left foot, cross left over right
- 7-8 Pivot ¾ right (weight on left foot), step right to right side

CROSS, STEP TO RIGHT SIDE, SAILOR STEP, CROSS SHUFFLE, CROSS SIDE ROCK

- 1-2 Cross left foot over right foot, step right to right side
- 3&4 Step left behind right, step right slightly to right side, step left to left side
- 5&6 Cross right over left, step left to left side, cross right over left
- 7&8 Rock left to left side, recover weight on right, cross left over right

PART B

WALKS, TOUCH, STEP BACK, TOUCH, COASTER BACK, SCUFF, STEP

- 1-2 Step right forward, step left forward
- 3&4 Touch right toe to right side, step right foot back in place, touch left toe to left side
- 5&6 Step left back, step right next to left, step left forward
- 7-8 Right scuff, step right back

LOCK STEP BACK, ½ STEP TURN, TOUCH, LOCK STEP FORWARD, STOMP, STOMP

- 1&2 Step left back, lock right over left, step left back
- 3-4 Turning ½ right step right forward, touch left toe next right foot
- 5&6 Step left forward, lock right behind left, step left forward
- 7-8 Stomp right next left and stomp left next right