

# The Box

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Melanie Painter (USA)  
音樂: The Box - Diamond Rio



## POINTS AND SHUFFLES

- 1            Point right toe forward
- 2            Point right toe back
- 3&4        Shuffle right-left-right to right
- 5            Point left toe forward
- 6            Point left toe back
- 7&8        Shuffle left-right-left to left

## TRIPLE STEP ¼ TURN, SHUFFLE LOCK

- 9&10        Triple step right-left-right with ¼ turn to right
- 11&12      Shuffle lock step left-right-left

## KICK BALL CHANGE ¼ TURN RIGHT

- 13&14      Kick right foot out, touch right foot doing ¼ turn, step on left foot
- 15&16      Kick ball change right, right, left

## JAZZ BOXES ¼ TURN

- 17-20      Jazz box with ¼ turn to right, (step out on right, step behind with left, step to side on right doing ¼ turn, stomp left)
- 21-24      Jazz box, (repeat step without ¼ turn)

## HIP BUMPS

- 25-26      Step up on right, bump hips forward twice
- 27-28      Step up on left, bump hips forward twice

## SAILOR SHUFFLES

- 29&30      Sailor shuffle leading right (step right behind left, step left in place, step right in place)
- 31&32      Sailor shuffle leading left, (step left behind right, step right in place, step left in place)

## REPEAT

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