

'bout Time (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Dave Brandt (USA) & Barbie Brandt (USA)
音樂: Crawl'n' Again - Tracy Lawrence



Position: Starts in Sweetheart position

TOE STRUT, TOE STRUT, TURNING JAZZ SQUARE

1-2 Right toe forward, slap heel down
3-4 Left toe forward, slap heel down
5-6-7-8 Right cross left, left foot back, ¼ turn to right with right, touch left beside right
Both will be facing OLOD with the man behind the lady

VINE AND WEAVE, LINDY, ROCK, RECOVER

1-2-3-4 Step left down LOD, right behind left, step left to side, step right across left
5&6 Left side shuffle (left-right-left)
7-8 Rock back right ¼ turn, recover left (facing RLOD as you rock back & recover)

SHUFFLE, SHUFFLE, (LADY COASTER), WALK, WALK, SHUFFLE

1&2 **MAN:** Shuffle right-left-right in place
 LADY: Shuffle right-left-right turning ½ turn to left (raising right hand over lady's head)
3&4 **MAN:** Shuffle left-right-left in place (changing hands from cross to open hand hold)
 LADY: Step left back, right beside left, step left forward
5-6 **MAN:** Step forward (RLOD) right, step left making ¼ turn to right (still holding hands raising the mans left hand/ lady's right)
 LADY: Step forward right, left
7&8 **MAN:** Shuffle right-left-right ¼ turn right facing LOD
 LADY: Shuffle right-left-right right side - in wrapped position - lady should be in wrap position at end on mans right side)

WALK, WALK SHUFFLE (MAN TURNS), ¼ TURN STEP, STEP, SHUFFLE

1-2 **MAN:** Step left forward (starting cross in front of lady), step right - (releasing lady's left hand)
 LADY: Step left to side (crossing behind man), step right forward
3&4 Shuffle left-right-left down LOD - (holding only right hand for lady and left for man)
5-6 **MAN:** Step right making ¼ turn left to face ILOD, step left making ¼ turn left to face RLOD
 LADY: Step right making ¼ turn right to face OLOD, step left ¼ turn right to face RLOD

Right hands over lady's head

7&8 Right-left-right ¼ shuffle: man: turning left facing OLOD lady: turning right to face ILOD

WALK, WALK, TURNING SHUFFLE, SHUFFLE, WALK, WALK

1-2 **MAN:** Step forward left, step right making ¼ turn left stepping down LOD (will end on opposite foot work)
 LADY: Shuffle left-right-left turning ¼ turn to the right (lady does 1&2 count)
3&4 **MAN:** Shuffle down LOD left-right-left
 LADY: Shuffle ½ turn to the right right-left-right traveling RLOD slightly to face partner
5&6 Shuffle LOD
 MAN: Shuffle right-left-right
 LADY: Shuffle back LOD left-right-left
7-8 **MAN:** Walk left, right forward - will be side by side with lady hip to hip
 LADY: Walk right, left backward slightly to allow man to get side by side

PINWHEEL TURN, WALK, WALK, SHUFFLE, CROSS, STEP PIVOT

1&2 Shuffle ¼ turn to the right

MAN: Left-right-left

LADY: Right-left-right

3&4 Shuffle ¼ turn to the right

MAN: Right-left-right

LADY: Left-right-left

Lady is now facing LOD -man RLOD

5-6 **MAN:** Cross left behind right, right to side (crossing in front of lady)

LADY: Step right to side, left behind right (lady change guys left hand to your left hand)

7-8 **MAN:** Step forward left pivot to the right putting weight on right (raising right hand)

LADY: Shuffle right-left-right (count will be 7&8) - (sweetheart position same footwork)

HEEL STRUTS, ROCK & CROSS

1-2 Left heel forward, slap toe down

3-4 Right heel forward, slap toe down

5-6-7-8 Rock left to side with left, recover right, cross left in front of right, hold

ROCK & CROSS, ROCK & CROSS

1-2-3-4 Rock right to side with right, recover left, cross right in front of left, hold

5-6-7-8 Rock left to side with left, recover right, cross left in front of right, hold

REPEAT
