

Bourbon Street Switch

拍數: 32 牆數: 4 級數: Improver
編舞者: Debi Dillow (USA)
音樂: Switch - Will Smith



Wait 16 beats and begin dance with tag

CROSS ROCK FRONT, STEP, ROCK BACK, STEP, CROSS ROCK FRONT, STEP, STEP SIDE (2X)

1&2& Rock right foot across left foot, step left foot in place, rock right foot back, step left foot in place
3&4 Rock right foot across left foot, step left foot in place, step right foot to right side
5&6& Rock left foot across right foot, step right foot in place, rock left foot back, step right foot in place
7&8 Rock left foot across right foot, step right foot in place, step left foot to left side

¼ TURN SHUFFLE, ½ TURN SHUFFLE, ½ TURN HITCH, ¼ TURN STEP TOUCH

&9&10 ¼ turn left step right foot to right side, step left foot beside right foot, step right foot to right side
&11&12 ½ turn right step left foot to left side, step right foot beside left foot, step left foot to left side
&13-14 ½ turn left, hitch right knee up, step right foot in place
15-16 Point left toe forward in touch, step weight on to left foot

¼ TURN SHUFFLE, ½ TURN SHUFFLE, ½ TURN HITCH, ¼ TURN STEP TOUCH

&17&18 ¼ turn left step right foot to right side, step left foot beside right foot, step right foot to right side
&19&20 ½ turn right step left foot to left side, step right foot beside left foot, step left foot to left side
&21-22 ½ turn left, hitch right knee up, step right foot in place
23-24 Point left toe forward in touch, step weight on to left foot

STEP BEHIND ¼ TURN, STEP ¼ TURN, SPIN ¾ TURN, KICK STEP STEP, HIP 2 LEFT, HIP 1 RIGHT, HIP 1 LEFT

25&26& Step right foot cross behind left foot ¼ turn right, step left foot forward ¼ turn left, step right foot forward and spin ¾ left

Beginners can take out full turn by turning ¼ right on count 25 and step side on & and stay on that wall for the kick-step-step

27&28 Kick left foot forward, step left foot in place, step right foot in place
29-30 Shift hips forward weight on left foot 2 times
31-32 Shift hips back weight on right foot, shift hips forward weight on left foot

REPEAT

TAG

Begin the dance with the tag after 16 counts of music. On the 6th wall, omit the last 8 counts of the dance and perform the tag instead before restarting the dance from the beginning

PIVOT ½ TURN, PIVOT ½ TURN

1-2 Step forward right foot, ½ turn left
3-4 Step forward right foot, ½ turn left