

Bound West

拍數: 32 牆數: 0 級數:
編舞者: Cindy Springer (USA)
音樂: One Way Ticket - LeAnn Rimes



VINE RIGHT, VINE LEFT

- 1-4 Step right on right foot, step left foot behind right, step right on right foot, touch left foot next to right
5-8 Step left on left foot, step right foot behind left, step left on left foot, touch right foot next to left

RIGHT SIDE TOGETHER, LEFT SIDE TOGETHER

- 9-10 Touch right foot to right side, step right foot next to left
11-12 Touch left foot to left side, step left foot next to right

STEP FORWARD RIGHT, STEP FORWARD LEFT, KICK RIGHT FORWARD 2X

- 13-14 Step forward on right foot, step forward on left foot
15-16 Kick right foot forward, kick right foot forward

STEP BACK RIGHT-LEFT-RIGHT, TOUCH LEFT NEXT TO RIGHT OPTION (ROLL BACK RIGHT-LEFT-RIGHT, TOUCH LEFT)

17-20 Step back on right, Step back on left, Step back on right, Touch right next to left
(Rolling option)

- 17-20 Step back on right turning $\frac{1}{4}$ turn right, cross step left over right turning $\frac{1}{2}$ turn right, step right behind left turning $\frac{1}{4}$ turn right, touch left next to right

STEP, SLIDE, STEP, SCUFF

- 21-22 Step forward on left foot, slide right foot up behind left
23-24 Step forward on left foot, scuff right foot next to left

STEP TOUCH, BACK TOUCH, BACK TOUCH, BACK TOUCH, TURN SCUFF

- 25-26 Step forward 45 degree to right on right foot, touch left next to right
27-28 Step back 45 degree to left on left foot, touch right next to left
29-30 Step back 45 degree to right on right foot, touch left next to right
31-32 Step forward on left foot making $\frac{1}{4}$ turn left, scuff right foot next to left

REPEAT
