

Bounce!

COPPER KNOB
BY STEPHEN BRETTS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Bounce - Blue



RIGHT ROCK-RECOVER-ROCK-RECOVER-ROCK, TOUCH, ¼ LEFT TWIST, ½ RIGHT TWIST, RIGHT COASTER

1& Right rock across left, recover
2&3 Right rock back, recover, right step across left
&4 Touch left toe side left, twist ¼ left (9:00)
5&6 Making ½ turn right keep toes in place as you twist heels to left, right, left (3:00)
7&8 Right coaster step

LEFT ROCK-RECOVER, BEHIND, ¼ RIGHT SINGLE HEEL-BOUNCE/LEAN, RIGHT SHOULDER ROLL, RIGHT COASTER

1&2 Rock left side left, recover, step left behind right
3&4 Turn ¼ right touching right toe forward (6:00), bounce right heel (leaning forward) X 2
5&6 Bounce right heel 3 times
Roll right shoulder from front to back over 2 counts while straightening and leaning right shoulder back
7&8 Right coaster step

¼ LEFT HEEL-BOUNCE, LEFT ROCK-RECOVER, TOUCH BEHIND, FULL TRIPLE LEFT, RIGHT ROCK-RECOVER

1&2 Making ¼ turn left keep toes in place as you bounce heels 3 times (3:00)
3&4 Rock left side left, recover, touch left toe behind right (twist at waist slightly swing both arms side right)
5&6 (Start facing 3:00) turn ¼ left (12:00) step on left, turn ½ left (6:00) step back on right, turn ¼ left (3:00) step left side left
7& Right rock across left, recover
8& Right rock back, recover

RIGHT ROCK-RECOVER-SIDE, STEP, SIDE-CROSS-POINT, RIGHT KNEE POP, STEP, LEFT KICK, ¼ LEFT, RIGHT SCUFF, RIGHT HITCH-TURN, TOUCH

1& Right rock across left, recover
2& Step right side right, step left back and behind right
3&4 Step right side right, step left across right, point right toe side right
5& Pop right knee across left, step right beside left
6& Kick left across right, turn ¼ left (12:00) step on left
7&8 Scuff right heel, hitch right knee turning ½ left (6:00), touch right beside left

REPEAT
