

# Bottom Of My Heart

**COPPER** KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Kate Martin (UK)  
音樂: Bottom Of My Heart - Ethan Allen



## SCUFF, QUARTER TURN LEFT

1-2      Scuff left foot forward across right, then sweep it out to the left, turning a ¼ turn left

## HEEL JACK

3&4      Touch right toe to left heel, step back on right foot. Touch left heel forward

## BEND AND DIP

5-6      Bend knees, dipping body down and up

## KICK AND POINT, QUARTER TURN RIGHT

7&8      Kick left foot forward, then replace. Point right toe out to right side, turning ¼ turn right

## BEND AND DIP

9-10      Bend knees, dipping body down and up

## KICK AND POINT, QUARTER TURN LEFT

11&12      Kick right foot forward, then replace. Point left toe out to left side, turning ¼ turn left

## KNEE BENDS

13-14      Bend left knee across right, then back

## COASTER STEP

15&16      Coaster step, starting with the left foot

## STRUTS

17-20      Strut forward right, hold, left, hold

## POINT AND POINT

21&22&      Point right toe out to right side, replace, point left toe out to left side, replace

## POINT AND POINT

23&24      Point right heel forward, replace, point left toe back

## STEP AND KICK

&25      Step back onto left foot and kick right foot forward

## AND KICK

&26      Replace right foot and kick left foot forward

## CROSS AND POINT

&27      Step left foot across right and point right toe back

## AND HEEL

&28      Replace right foot and place left heel forward

## AND HEEL

&29      Replace left foot and place right heel forward

**PIVOT HALF TURN, HOLD, HIP BUMPS**

30-32 Pivot  $\frac{1}{2}$  a turn over the left shoulder, hold (keeping weight on the right foot). Bump left hip forward twice

**REPEAT**

**TAG**

After the 3rd and 6th walls, repeat counts 25-32 before beginning again

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