

# Bottom Of My Heart

拍數: 36      牆數: 2      級數: Improver  
編舞者: Glynn Holt (UK)  
音樂: Bottom Of My Heart - Ethan Allen



## SIDE CHASSE, ROCK, SIDE CHASSE ¼, STEP PIVOT ½ TURN

1&2      Step right to side, close left beside right, step right to right side  
3-4      Rock back on left foot, recover onto right foot  
5&6      Step left to side, close right beside left, step left ¼ turn left  
7-8      Step forward on right foot, pivot ½ turn over left shoulder

## FORWARD SHUFFLE, TOE-TOUCHES WITH CROSS, HOLD

1&2      Step forward on right, close left beside left, step forward on right  
3-4      Touch left toe to side, cross left foot over right  
5-6      Touch right toe to side, cross right foot over left  
7-8      Touch left toe to side, hold (putting weight onto left foot)

## SAILOR STEP, ROCK AND TRIPLE ½ TURN, TOUCH, TURN

1&2      Right sailor step (behind, side, step)  
3-4      Rock forward onto left foot, recover onto right foot  
5&6      Left triple step (left, right, left) making ½ turn to left  
7-8      Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder

## TOUCH, TOGETHER, TOUCH, TURN, TOUCH, TOGETHER, HEEL SWITCH

1-2      Touch left toe to side, step left foot beside right  
3-4      Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder  
5-6      Touch left toe to side, step left foot beside right  
7&8      Touch right heel forward, switch and touch left heel forward

## SWITCH STEP WITH A JAZZ BOX ¼ TURN TO RIGHT

&1      Step left beside right, cross right over left  
2      Step back on left foot  
3      Step right foot ¼ turn to right  
4      Step left foot beside right

REPEAT

---