

Bottled Up (P)

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 0 級數: Partner
編舞者: Jo-Ann Kilton (USA) & Dick Kilton (USA)
音樂: If I Could Bottle This Up - Paul Overstreet



Alt Music: All The Pretty Girls by Kenny Chesney.

Position: Right side-by-side facing LOD

This dance progresses to the left around the perimeter of the dance floor

DIAGONAL VINES, BRUSHES

- 1 Step forward and diagonally to the right on right foot
- 2 Cross left foot behind right and step
- 3 Step forward and diagonally to the right on right foot
- 4 Brush left foot forward
- 5 Step forward and diagonally to the left on left foot
- 6 Cross left foot behind left and step
- 7 Step forward and diagonally to the left on left foot
- 8 Brush right foot forward

PIVOT, VINE RIGHT, TOUCH, VINE LEFT, TOUCH

Release left hands and pass right hands over lady's head as she turns

& Pivot $\frac{1}{4}$ turn to the left on ball of left foot

Partners are now in the reverse Indian position facing ILOD

- 9 Step to the right on right foot
- 10 Cross left foot behind right and step
- 11 Step to the right on right foot
- 12 Touch left foot next to right
- 13 Step to the left on left foot
- 14 Cross right foot behind left and step
- 15 Step to the left on left foot
- 16 Touch right foot next to left

TURNING SHUFFLES WITH HAND CHANGES

Release left hands and raise right hands

17&18 Shuffle sideways to the right (right-left-right) and begin a $1 \frac{1}{4}$ turn to the right progressing toward LOD

Man transfers lady's right hand to his left hand and brings joined hands down while placing his right hand behind his back as partners continue to turn

19&20 Shuffle left-right-left, continuing $1 \frac{1}{4}$ turn progressing toward LOD

21&22 Shuffle right-left-right continuing $1 \frac{1}{4}$ turn progressing toward LOD

When partners reach the point where they are briefly facing ILOD, lady transfers her right hand from man's left hand to his right hand which is behind his back. They then raise and pass the joined right hands back over lady's head as they continue to turn

23&24 Shuffle left-right-left, completing $1 \frac{1}{4}$ to the right progressive turn. Partners now rejoin left hands in front returning to right side by side position facing LOD

WALK FORWARD, KICK, WALK BACK, TOE TOUCH

- 25 Walk forward on right foot
- 26 Walk forward on left foot
- 27 Walk forward on right foot
- 28 Kick left foot forward
- 29 Walk back on left foot

- 30 Walk back on right foot
31 Walk back on left foot
32 Touch right toe back

LADY'S TURNS

Raise right hands over lady's head as she turns

- 33 **MAN:** Step right foot in place
LADY: Step forward on right foot and begin a ½ turn to the left
34 **MAN:** Step left foot in place
LADY: Step on left foot continuing ½ turn to the left
35 **MAN:** Step right foot in place
LADY: Step on right foot completing ½ turn to the left

Bring right hands down into a cross double hand hold (right hands over left). Partners face each other with man facing LOD and lady facing RLOD

- 36 **MAN:** Touch left foot next to right
LADY: Touch left foot next to right

Raise right hands over lady's head as she turns

- 37 **MAN:** Step left foot in place
LADY: Step forward on left foot and begin a ½ turn to the right
38 **MAN:** Step right foot in place
LADY: Step on right foot continuing ½ turn to the right
39 **MAN:** Step left foot in place
LADY: Step on left foot completing ½ turn to the right

Bring right hands down to above lady's right shoulder

- 40 **MAN:** Touch right foot next to left
LADY: Touch right foot next to left

LADY'S TURN TO THE LEFT

Raise right hands over lady's head as she turns

- 41 **MAN:** Step right foot in place
LADY: Step forward on right foot and begin a ½ turn to the left
42 **MAN:** Step left foot in place
LADY: Step on left foot continuing ½ turn to the left
43 **MAN:** Step right foot in place
LADY: Step on right foot completing ½ turn to the left

Bring right hands down into a cross double hand hold (right hands over left). Partners face each other with man facing LOD and lady facing LOD

- 44 **MAN:** Touch left foot next to right
LADY: Touch left foot next to right

TURNING STEPS, BRUSHES

- 45 **MAN:** Step left foot in place
LADY: Step left foot in place

Raise both joined hands. Man turns under raised hands

- 46 **MAN:** Step on right foot, beginning a full turn to the right
LADY: Step right foot in place

- 47 **MAN:** Step on left foot continuing full turn to the right
LADY: Step left foot in place

Man and lady now face RLOD with man in front of lady

- 48 **MAN:** Brush right foot forward
LADY: Brush right foot forward

Keep joined hands raised

- 49 **MAN:** Step right foot in place
LADY: Step right foot in place

50 **MAN:** Step on left foot continuing full turn to the right
 LADY: Step on left foot beginning a ½ turn to the left
51 **MAN:** Step on right foot continuing full turn to the right
 LADY: Step on right foot continuing ½ turn to the left
52 **MAN:** Brush left foot forward
 LADY: Brush left foot forward
53 **MAN:** Step left foot in place
 LADY: Step left foot in place
54 **MAN:** Step on right foot continuing full turn to the right
 LADY: Step on right foot continuing ½ turn to the left
55 **MAN:** Step on left foot completing full turn to the right
 LADY: Step on left foot completing ½ turn to the left
56 **MAN:** Brush right foot forward
 LADY: Brush right foot forward

Bring joined hands down returning to right side-by-side position facing LOD

SHUFFLES FORWARD

57&58 Shuffle forward right-left-right
59&60 Shuffle forward left-right-left
61&62 Shuffle forward right-left-right
63&64 Shuffle forward left-right-left

REPEAT
