

The Bottle

拍數: 64 牆數: 4 級數: Improver
編舞者: Tina Smyth (UK)
音樂: Tonight the Bottle Let Me Down - Brooks & Dunn



HEEL AND TOE TAPS, HEEL TOE RIGHT SHUFFLE FORWARD

1-2 Tap right heel forward twice
3-4 Tap right toe back twice
5-6 Tap right heel forward, tap right toe back
7&8 Step forward right left right

HEEL AND TOE TAPS, HEEL TOE LEFT SHUFFLE FORWARD

1-2 Tap left heel forward twice
3-4 Tap left toe back twice
5-6 Tap left heel forward, tap right toe back
7&8 Step forward left right left

RIGHT GRAPEVINE ¼ TURN RIGHT, LEFT GRAPEVINE

1-2 Step right to right side, cross left behind right
3-4 Step right ¼ turn right, touch left beside right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right

¼ TURN TWICE RIGHT ROCK RIGHT COASTER STEP

1-2 Step right ¼ turn left
3-4 Step right ¼ turn left
5-6 Rock forward on your right, rock back onto left
7&8 Step back right, step left beside right, step forward right

¼ TURN TWICE LEFT ROCK LEFT COASTER STEP

1-2 Step left ¼ turn right
3-4 Step left ¼ turn right
5-6 Rock forward on your left, rock back onto right
7&8 Step back left, step right beside left, step forward left

HEEL AND TOE TAPS, HEEL TOE RIGHT SHUFFLE FORWARD

1-2 Tap right heel forward twice
3-4 Tap right toe back twice
5-6 Tap right heel forward, tap right toe back
7&8 Step forward right left right

HEEL AND TOE TAPS, HEEL TOE LEFT SHUFFLE FORWARD

1-2 Tap left heel forward twice
3-4 Tap left toe back twice
5-6 Tap left heel forward, tap right toe back
7&8 Step forward left right left

Restart dance here first wall only

FORWARD ROCK BACK ROCK RIGHT KICK BALL CHANGE TWICE

1-2 Rock forward onto right, rock back onto left
3-4 Rock back onto right, rock forward onto left

5&6 Kick right forward, step right beside left, step onto left in place
7&8 Kick right forward, step right beside left, step onto left in place

REPEAT

RESTART

Restart after count 56 on wall 1, leaving off just the last 8 counts
