

The Boss

拍數: 32 牆數: 4 級數: Improver
編舞者: Cato Larsen (NOR)
音樂: You're The Boss - Brian Setzer & Gwen Stefani



SUZY Q'S LEFT & RIGHT

- 1 Step your right heel across of left
- 2 Grind right heel; swiveling toes to the right and step left to the left side
- 3 Step your right heel across of left
- 4 Grind right heel; swiveling toes to the right and step left to the left side
- & Step ball of right slightly back
- 5-6-7-8 Repeat Suzy Q's to the right
- & Step ball of left slightly back

BALL-CROSS, BACK, KICK-BALL-STEP, WALK FORWARD, KICK-BALL-TOGETHER

- 1-2 Step right foot across of left, step left foot slightly back
 - 3&4 Kick right foot to right side, step ball of right next to left, step forward on left
 - 5-6 Step forward on right, step forward on left
 - 7&8 Kick right foot to right side, step ball of right next to left, step left next to right
- If you know how to do "Shorty George", do that on the walk forward steps. Alternatively you can do "swivel walks"

TWIST RIGHT, HITCH, STEP, TAP, BACK, TOGETHER & CLAP

- 1-2 Twist both toes to right side, twist both heels to right side
- 3-4 Twist both toes to right side, pivot ¼ turn left hitching left knee
- 5 Step left diagonally forward and across of right
- 6 Turn to left diagonal hitching right knee and click your fingers
- 7 Step right diagonally forward across of left
- 8 Turn to right diagonal hitching left knee and click your fingers

ROCK STEP, ¼ TURN, POINT, ¼ TURN, FULL TURN PENCIL SPIN

- 1-2 Step forward on left foot, rock (recover) back onto right foot
- 3-4 Pivot ¼ turn left stepping left to left side, point right toe to right side
- 5 Turn ¼ turn right stepping down on right foot
- 6-7-8 Turn full turn right stepping left next to right (6, 7), hold

REPEAT