

The Boss

拍數: 64 牆數: 4 級數: Improver
編舞者: Joanne Taylor Smith (UK)
音樂: Dancing In the Dark - Bruce Springsteen



TOUCH TWICE, CROSS STRUT, SIDE STRUT TWICE

- 1-2 Touch right toe across left, touch right toe to right side
- 3-4 Cross right toe over left, stepping heel down clap hands
- 5-6 Step left toe to left, stepping heel down clap hands
- 7-8 Step right toe to right, stepping heel down clap hands

On struts and touches keep knees slightly bent and relaxed

TOUCH TWICE, CROSS STRUT, BACK STRUT, ¼ LEFT, CROSS

- 1-2 Touch left toe across right, touch left toe to left side
- 3-4 Cross left toe over right, stepping heel down clap hands
- 5-6 Touch right toe back, stepping heel down clap hands

On struts and touches keep knees slightly bent and relaxed

- 7-8 Turn ¼ left stepping left to side, cross step right over left (9:00)

SIDE, BEHIND, ¼ LEFT, STEP, ¼ LEFT, CROSS, SIDE, TAP

- 1-2 Step left to side, step right behind
- 3-4 Step left ¼ left, step right forward (6:00)
- 5-6 Turn ¼ left, cross step right over left (3:00)
- 7-8 Step left to left side, tap right toe beside left

SIDE, TAP, BACK ROCK, LEFT LOCK STEP, BRUSH

- 1-2 Step right to right side, tap left toe beside right
- 3-4 Rock back on left, rock forward onto right
- 5-6 Step left forward, lock step right behind left
- 7-8 Step left forward, brush right forward

FORWARD ROCK, ½ RIGHT, HOLD, ½ RIGHT, HOLD, ¼ RIGHT, CROSS

- 1-2 Rock forward on right, rock back onto left
- 3-4 Turn ½ right stepping right forward, hold, (9:00)
- 5-6 Turn ½ right stepping left back, hold (3:00)
- 7-8 Turn ¼ right stepping right to side, cross step left over (6:00)

Alternative for full turn:

- 3-6 Back right, hitch left, back left, hitch right

RIGHT SCISSOR, HOLD, LEFT SCISSOR, ½ RIGHT UNWIND

- 1-2 Step right to right, step left beside right
- 3-4 Cross step right over left, hold
- 5-6 Step left to left side, step right beside left
- 7-8 Cross step left over right, unwind ½ right (12:00)

BACK ROCK, WEAVE RIGHT, CROSS ROCK, ¼ LEFT

- 1-2 Rock back on right, rock forward onto left
- 3-4 Step right to right, step left behind
- 5-6 Step right to right, cross rock left over right
- 7-8 Rock back onto right, step left ¼ turn left (9:00)

STEP, ½ PIVOT, STEP, HOLD, LEFT, RIGHT, LEFT, TOUCH

1-2 Step right forward, pivot ½ turn left (3:00)
3-4 Step right forward, hold
5-6 Step left forward, step right beside left
7-8 Step left forward, touch right toe to right

REPEAT

RESTART

On 2nd wall, dance the first 48 counts (both scissors ½ unwind). This brings you back to 3:00. Restart dance from beginning
