

Born To Try!

拍數: 48 牆數: 2 級數:
編舞者: Chris Watson (AUS)
音樂: Born to Try - Delta Goodrem



- 1&2 Right samba: rock weight right to right side, rock weight back onto left and cross step right over left
- 3&4 Left samba: rock weight left to left side, rock weight back onto right and cross step left over right
- 5&6 Step right foot forward do a ½ turn pivot via left shoulder taking weight onto left, step right foot forward
- 7&8 Left coaster step forward: step left foot forward, right foot together and left foot back
- 1&2 (Repeat first 8 beats) right samba: rock weight right to right side, rock weight back onto left and cross step right over left
- 3&4 Left samba: rock weight left to left side, rock weight back onto right and cross step left over right
- 5&6 Step right foot forward do a ½ turn pivot via left shoulder taking weight onto left, step right foot forward
- 7&8 Left coaster step forward: step left foot forward, right foot together and left foot back
- 1&2 Right samba: rock weight right to right side, rock weight back onto left and cross step right over left
- 3&4 Left coaster ¼ turn: step left foot back doing a ¼ turn to your right, step left foot back and step right foot forward
- 5&6 Step right foot forward do a ½ turn pivot by left taking weight onto left and step right foot forward
- 7&8 Left coaster step forward: step left foot forward, step right foot forward and step back onto left
- 1&2 Full turn to your right, stepping right-left-right ending with weight on right
- 3&4 Full turn to your left, stepping left-right-left, ending with weight on left
- 5&6 Rock forward right, rock back onto left and step right together
- 7&8 Rock forward left, rock back onto right and step back onto left
- 1&2 Step right foot forward doing a ¼ pivot via left, rock weight back onto left, cross right over left
- 3-4 Step left foot out to left side swaying hips left, sway hips and weight back onto right
- 5&6 Step left foot to left side, step right foot together and step left foot to left side again
- 7-8 Sway hips right-left
- 1&2 Shuffle forward right-left-right
- 3&4 Step left foot forward do a ½ turn pivot via right shoulder taking weight onto right, step left foot forward
- 5&6 Shuffle forward right-left-right
- 7&8 Step left foot forward do a ½ turn pivot via right shoulder taking weight onto right, step left foot forward

REPEAT

RESTART

On walls 2 and 4 the music will restart on beat 36. Instead of doing the sways left, right do the following:

- 1&2 Step right foot forward doing a ¼ pivot via left, rock weight back onto left, cross right over left
- 3-4 Step left foot to left side and hold for 2 beats

Then restart dance
