

Born To Hand Jive

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lisa Springer & Janyne Springer
音樂: Born to Hand Jive - Sha Na Na



STEP ½ PIVOT, STEP ½ PIVOT, ROCK STEP, COASTER STEP

1-2 Step forward on right. Pivot ½ turn left
3-4 Step forward on right. Pivot ½ turn left
5-6 Rock forward on right. Rock back on left
7&8 Step back right. Step left beside right. Step forward right

STEP ½ PIVOT, STEP ½ PIVOT, ROCK STEP, COASTER STEP

9-10 Step forward on left. Pivot ½ turn right
11-12 Step forward on left. Pivot ½ turn right
13-14 Rock forward on left. Rock back on right
15&16 Step back left. Step right beside left. Step forward left

STOMPS FORWARD, RUNNING MAN KICKS (SCOOTS BACK WITH FORWARD KICKS)

17-18 Stomp right forward. Stomp left beside right
&19 Scoot left back and kick right forward. Step down on right
&20 Scoot right back and kick left forward. Step down on left
21-24 Repeat steps 17-20

Anyone not wishing to scoot can stomp and kick on the spot with attitude!

DIAGONAL SHUFFLES RIGHT & LEFT WITH HAND ROLLS/SWINGING LASSOOS

25&26 Step diagonally right. Step left just behind right. Step right forward
27&28 Step diagonally left. Step right just behind left. Step left forward
29-32 Repeat steps 25-28

While shuffling roll fists around each other in front of body or swing imaginary lasso above your head (or alternate)

ROCK STEP, CLAPS, HIP BUMPS LEFT & RIGHT

33-34 Rock forward right. Rock back left
35&36 Step right beside left. Clap. Clap
37-38 Bump hips left, right
39&40 Bump hips left, right, left

MONTEREY TURNS

41-42 Touch right to right side. Pivot ½ turn right on ball of left and step right beside left
43-44 Touch left to left side. Step left beside right
45-48 Repeat steps 41 - 44

MASHED POTATOES (CHARLESTON SWIVELS) TRAVELING BACKWARDS

Weight needs to stay on balls of feet with heels raised slightly off the floor

&49 Swivel heels out. Step left behind right and swivel heels in
&50 Swivel heels out. Step right behind left and swivel heels in
&51&52 Swivel heels out. Step left behind right and swivel heels in, out, in
&53 Swivel heels out. Step right behind left and swivel heels in
&54 Swivel heels out. Step left behind right and swivel heels in
&55&56 Swivel heels out. Step right behind left and swivel heels in, out, in
& Step left back beside right leaving weight on left

Hands can be scissored in front of body in time with feet for extra style

KICKS, COASTER STEP, POINT, TURN, COASTER STEP

57-58 Kick right forward. Kick right to right side

59&60 Step right back. Step left beside right. Step right forward (with weight)

61-62 Point left to left side. Touch left heel to left while pivoting $\frac{1}{4}$ turn left on ball of right foot

63&64 Step left back. Step right beside left. Step left forward

REPEAT

The music ends on count 52. To finish dance replace steps 49-52 by crossing right over left and unwinding a full turn followed by a double clap.
