

Born To Dance

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Improver
編舞者: Susanne Olsen (DK)
音樂: Born to Be Alive - Patrick Hernandez



STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

- 1-2 Step forward on right, touch left beside right (clap)
- 3-4 Step forward on left, touch right beside left (clap)
- 5-6 Step back on right, touch left beside right (clap)
- 7-8 Step back on left, touch right beside left (clap)

CHASSÉ RIGHT, BACK ROCK, VINE LEFT WITH ¼ TURN LEFT

- 1&2 Step right to right side, step left next to right, step right to right side
- 3-4 Rock back on left, recover onto right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, making a ¼ turn left, touch right beside left

KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP ¼ TURN LEFT

- 1-2 Kick right foot forward twice
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Kick left foot forward twice
- 7&8 Step back on left, make a 174 turn left, step right beside left, step forward on left

KICKBALL CROSS TWICE, SIDE ROCK, BEHIND, SIDE, CROSS

- 1&2 Kick right forward, step right beside left, cross left over right
- 3&4 Kick right forward, step right beside left, cross left over right
- 5-6 Step right to right side, recover onto left
- 7&8 Step right behind left, step left to left side, cross right over left (weight now on right)

MONTEREY ½ TURN LEFT TWICE

- 1-2 Point left to left side, turn ½ left stepping left beside right
- 3-4 Point right to right side, step right beside left
- 5-6 Point left to left side, turn ½ left stepping left beside right
- 7-8 Point right to right side, step right beside left

VINE RIGHT, TOUCH, VINE ¼ TURN LEFT, TOUCH

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, touch left beside right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, making a ¼ turn left, touch right beside left

STEP, CLAP, ½ TURN STEP, CLAP, ½ TURN STEP, CLAP, CHASSÉ LEFT

- 1-2 Step right to right side, hold, clap
- 3-4 Turn ½ turn left on right foot, step left to left side, hold, clap
- 5-6 Turn ½ turn right on left foot, step right to right side, hold, clap
- 7&8 Step left to left, step right next to left, step left to left side

REPEAT