

Born To Boogie

COPPER **NOB**
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Lauren Turner (UK)
音樂: Born to Boogie - Hank Williams, Jr.



RIGHT KICK, LEFT TOUCH, STEP, PIVOT ½ TURN LEFT, STEP FORWARD, (REPEAT ON OPPOSITE FOOT)

1&2 Kick right foot forward, step right back to place, touch left toe forward
&3 Step left back to place, step forward on right
&4 Pivot ½ turn left, step forward on right
5&6 Kick left foot forward, step left back to place, touch right toe forward
&7 Step right back to place, step forward on left
&8 Pivot ½ turn right, step forward on left

RIGHT SCISSORS, LEFT SCISSORS, TRIPLE STEP FULL TURN LEFT, LEFT COASTER STEP

1&2 Rock right to right side, step left beside right, cross right over left
3&4 Rock left to left side, step right beside left, cross left over right
5&6 Triple step (on the spot) making full turn left stepping, right, left, right
7&8 Step back on left, step right beside left, step forward on left

RIGHT ROCK CROSS, SYNCOPATED WEAVE LEFT, TRIPLE ½ TURN RIGHT, ROCK ¼ TURN LEFT

1&2 Rock right to right side, step left beside right and slightly back, cross right over left
&3 Step left to left side, cross right behind left
&4 Step left to left side, cross right over left
& Step left slightly left
5&6 Triple step (on the spot) making ½ turn right stepping, right, left, right
7&8 Rock forward left over right, rock back onto right, step left forward ¼ turn left

LOCK STEPS FORWARD RIGHT AND LEFT, KICK-BALL-BACK, HIP BUMPS

1&2 Step forward on right, lock left behind right, step forward on right
3&4 Step forward on left, lock right behind left, step forward on left
5&6 Kick right foot forward, step ball of right beside left, step back on left
7&8 Bump hips back, bump hips forward, bump hips back, (weight on left)

CROSSING HEEL JACKS, FORWARD MAMBO, LEFT COASTER STEP

1& Cross right over left, step left to left side and slightly back
2& Touch right heel diagonally forward right, step right back to place
3& Cross left over right, step right to right side and slightly back
4& Touch left heel diagonally forward left, step left back to place
5&6 Rock forward on right, rock back onto left, step right beside left
7&8 Step back on left, step right beside left, step forward on left

REPEAT
