

Born To Be Red, White And ... Blue

COPPER KNOB
STEPSHEETS

拍數: 46 牆數: 4 級數: Intermediate
編舞者: Linda Yanders (USA)
音樂: Born to Be Blue - The Judds



CROSS HITCH RIGHT, SHUFFLE FORWARD, PIVOT TURNING ½ RIGHT

1-2 Point right toe to the right side, cross hitch right knee over left leg
3-4 Point right toe to the right side, cross hitch right knee over left leg
5&6 Shuffle forward right-left-right
7-8 Step left foot forward, pivot ½ turn to the right

CROSS HITCH LEFT SHUFFLE FORWARD, PIVOT TURNING ½ LEFT

1-2 Point left toe to the left side, cross hitch left knee over right leg
3-4 Point left toe to the left side, cross hitch left knee over right leg
5&6 Shuffle forward, left-right-left
7-8 Step right foot forward, pivot ½ turn to the left

SYNCOPATED VINE RIGHT, JUMP CROSS TURN ½ LEFT, HIP ROLLS

1-2 Step right foot right, step left behind right
&3-4 Jump step right foot in place, step left across right, step right to right side (weight is now on both feet)
5-6 Jump crossing right over left, turn ½ on balls of both feet
7&8& Roll hips to the right twice

LUNGE FORWARD AND BACK, TURN 1 ½ RIGHT, LUNGE FORWARD AND BACK

1-2 Lunge step forward on right foot
2 Rock back on left foot
3 Turn ½ turn to the right on right foot
4 Continue to turn another ½ turn to the right on left foot
5 Continue to turn another ½ turn to the right on right foot
6 Step on the left foot to complete the turn (you will be ½ turn from where you started)
7-8 Lunge step forward on right foot, rock back on left foot

POINT AND CROSS STEP BACK

1-2 Point right toe to right side, cross and step right foot behind left
3-4 Point left toe to the left side, cross and step left foot behind right
5-6 Point right toe to right side, cross and step right foot behind left
7-8 Point left toe to left side, cross and step left foot behind right

BALL CHANGE, POINT AND CROSS STEP FORWARD, TURN ¼ RIGHT

&1-2 Hop right foot back and left foot forward, point right toe to right side
3-4 Cross and step right in front of left, point left to left side
5-6 Cross and step left in front of right, point right to right side

During the long intro (1:06 min), improvise your own steps, such as: step together right, step together left, sway, sway or any other steps that the music moves you to do until the intro goes into the faster music of the song

REPEAT