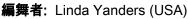
# Born To Be Red, White And ... Blue

級數: Intermediate



拍數: 46

音樂: Born to Be Blue - The Judds

# CROSS HITCH RIGHT, SHUFFLE FORWARD, PIVOT TURNING 1/2 RIGHT

- Point right toe to the right side, cross hitch right knee over left leg 1-2
- 3-4 Point right toe to the right side, cross hitch right knee over left leg
- 5&6 Shuffle forward right-left-right
- 7-8 Step left foot forward, pivot 1/2 turn to the right

#### CROSS HITCH LEFT SHUFFLE FORWARD, PIVOT TURNING ½ LEFT

- 1-2 Point left toe to the left side, cross hitch left knee over right leg
- 3-4 Point left toe to the left side, cross hitch left knee over right leg
- 5&6 Shuffle forward, left-right-left
- 7-8 Step right foot forward, pivot 1/2 turn to the left

#### SYNCOPATED VINE RIGHT, JUMP CROSS TURN ½ LEFT, HIP ROLLS

- Step right foot right, step left behind right 1-2
- &3-4 Jump step right foot in place, step left across right, step right to right side (weight is now on both feet)
- Jump crossing right over left, turn 1/2 on balls of both feet 5-6
- 7&8& Roll hips to the right twice

### LUNGE FORWARD AND BACK, TURN 1 ½ RIGHT, LUNGE FORWARD AND BACK

- 1-2 Lunge step forward on right foot
- 2 Rock back on left foot
- 3 Turn <sup>1</sup>/<sub>2</sub> turn to the right on right foot
- 4 Continue to turn another 1/2 turn to the right on left foot
- 5 Continue to turn another 1/2 turn to the right on right foot
- Step on the left foot to complete the turn (you will be 1/2 turn from where you started) 6
- 7-8 Lunge step forward on right foot, rock back on left foot

## POINT AND CROSS STEP BACK

- 1-2 Point right toe to right side, cross and step right foot behind left
- 3-4 Point left toe to the left side, cross and step left foot behind right
- 5-6 Point right toe to right side, cross and step right foot behind left
- 7-8 Point left toe to left side, cross and step left foot behind right

#### BALL CHANGE, POINT AND CROSS STEP FORWARD, TURN ¼ RIGHT

- &1-2 Hop right foot back and left foot forward, point right toe to right side
- 3-4 Cross and step right in front of left, point left to left side
- 5-6 Cross and step left in front of right, point right to right side

During the long intro (1:06 min), improvise your own steps, such as: step together right, step together left, sway, sway or any other steps that the music moves you to do until the intro goes into the faster music of the song

#### REPEAT





牆數: 4