Born For Country

拍數: 64

級數: Intermediate

編舞者: Tony Stanton (UK)

音樂: Born For Country - Fools Gold

KICKS FORWARD TWICE, STEP BACK RIGHT & TOUCH, STEP FORWARD LEFT & ½TURN RIGHT, STEP LEFT & HITCH

1-4 Kick right foot forward twice, step back on right & touch left against right

5-8 Step forward on left & ½ turn right, step left forward & hitch right knee

Alternatively scoot forward on left as you hitch right knee

GRAPEVINE RIGHT WITH TOUCH, GRAPEVINE LEFT WITH ¼ TURN, STEP FORWARD

9-12 Step right to right, step left behind right, step right to right, touch left against right
13-16 Step left to left, step fight behind left, step left to left turning ¼ turn to left, step forward on right

KICKS FORWARD TWICE, STEP BACK LEFT & TOUCH, STEP FORWARD RIGHT & ½ TURN LEFT, STEP RIGHT & HITCH

- 17-20 Kick left foot forward twice, step back on left & touch right against left
- 21-24 Step forward on right & turn ½ turn left, step right foot forward & hitch left knee

Alternatively scoot forward on the right as you hitch left knee

GRAPEVINE LEFT WITH TOUCH, GRAPEVINE RIGHT WITH ¼ TURN & SCUFF

- 25-28 Step left to left, step right behind left, step left to left, touch right against left
- 29-32 Step right to right side, step left behind right, step right to right turning ¼ turn right, scuff left against right

STEP FORWARD LEFT, TOUCH RIGHT, STEP BACK RIGHT, TOUCH LEFT, LOCK STEP BACK WITH KICK FORWARD

33-36 Step forward on left, touch right against left, step back on right, touch left against right

37-40 Step back on left, lock right in front of left, step back on left, kick right foot forward

TWO ½ TURNS RIGHT WITH HOLDS, COASTER STEP WITH HOLD

- 41-44 Sweep right foot out to right turning ½ turn right, hold for one beat, turn ½ turn right stepping back on left, hold for one beat
- 45-48 Step back on right, step left alongside right, step forward on right, hold for one beat

ROCKS FORWARD & BACK WITH HOLDS TWICE

- 49-52 Rock forward on left, rock back on right, rock forward on left, hold for one beat
- 53-56 Rock forward on right, rock back on left, rock forward on right, hold for one beat

STEP FORWARD LEFT, HOLD, STEP FORWARD RIGHT, HOLD, STEP LEFT BEHIND RIGHT, ½ TURN RIGHT, STEP FORWARD LEFT

- 57-60 Step left forward to left diagonal, hold for one beat, step forward right to right diagonal, hold for one beat
- 61-64 Step left behind right, step light ¼ turn right., step left. Foot forward, hold for one beat

REPEAT





牆數:4