Borderline Boogie

拍數: 96

牆數: 4

級數:

編舞者: Lisa Kruse (USA) & Jim Anderson (CAN)

音樂: Anyway the Wind Blows - Brother Phelps

If using, "Any Way The Wind Blows", wait until he says, "Stop the music" and the music stops...then wait 16 beats before starting. (Or, another way to count in is to start the dance 48 beats before the vocals.)

STEP RIGHT ACROSS, HOLD, STEP left ACROSS, HOLD (DO SERIES TWICE):

- Step right foot forward and across front of left foot (right heel approximately parallel to left 1 toes...right foot approximately 4"-6" to left side of left toes).
- 2 Hold/pause.
- 3 Step left foot forward and across front of right foot (left heel approximately parallel to right toes...left foot approximately 4"-6" to right side of right toes).
- 4 Hold/pause.
- 5 Step right foot forward and across front of left foot (right heel approximately parallel to left toes...right foot approximately 4"-6" to left side of left)
- 6 Hold/pause.
- 7 Step left foot forward and across front of right foot (left heel approximately parallel to right toes...left foot approximately 4"-6" to right side of right toes).
- 8 Hold/pause.

MODIFIED JAZZ BOX INTO ¼ TURN RIGHT, HITCH SCOOT FORWARD:

- 9 Step right ball of foot forward and across front of left foot.
- 10 Step left ball of foot back.
- Step right ball of foot into ¼ turn right (step right foot parallel to left foot with right foot pointing 11 to 3:00 o'clock, left foot pointing to 12:00 o'clock and body facing approx. 2:00-3:00 o'clock).
- 12 Scoot right ball of foot forward (into 3:00 o'clock and facing 3:00 o'clock...left knee is bent and left foot is parallel to approximately right mid calf).

LEFT ROCK ACROSS, ½ TURN LEFT, HITCH SCOOT FORWARD:

- Step/rock left foot forward and across front of right foot (feet and body facing 3:00 o'clock) 13
- 14 Step right foot back into ¼ turn left...starting ½ turn left (right toe pointing to 12:00 o'clock body facing approximately 1:00 o'clock, left toe pointing to 3:00 o'clock)...continuing movement into next step.
- Continuing movement from step #14...pivot left ¼ turn on right ball of foot as you step left ball 15 of forward into 9:00 o'clock...completing $\frac{1}{2}$ turn left...body and feet facing 9:00 o'clock.
- 16 Scoot left ball of foot forward (right knee is right foot is parallel to approximately left mid calf).

RIGHT VINE, HOP/CLAP:

- Step right ball of foot to right side. 17
- 18 Step left ball of foot cross behind right foot.
- 19 Step right ball of foot to right side, parallel to left foot.
- Hop right foot in place (hop/jump right foot up...raising off floor only a few inches...landing 20 where right foot was before hop...left knee is bent and left foot is parallel to approximately right mid calf)...clap hands at chest level.

LEFT VINE, HOP/CLAP:

- 21 Step left ball of foot to left side.
- 22 Step right ball of foot cross behind left foot.
- 23 Step left ball of foot to left side, parallel to right foot.





24 Hop left foot in place (hop/jump left foot up...raising off floor only a few inches...landing where left foot was before hop...right knee is bent and right foot is parallel to approximately left mid calf)...clap hands at chest level.

STEP RIGHT, SLIDE, BESIDE, TOUCH, STEP LEFT, SLIDE, BESIDE, TOUCH:

- 25 Step right foot to right side, parallel to left foot.
- 26 Slide left ball of foot to beside right foot (weight on left foot).
- 27 Step right foot to right side., Parallel to left foot.
- 28 Touch left ball of foot beside right foot.
- 29 Step left foot to left side, parallel to right foot.
- 30 Slide right ball of foot to beside left foot (weight on left foot).
- 31 Step left foot to left side, parallel to right foot.
- 32 Touch right ball of foot beside left foot.

SLIDE RIGHT FORWARD, RIGHT KNEE RIGHT, RIGHT KNEE LEFT, RIGHT HEEL DOWN:

- 33 Slide right ball of foot forward with right heel off floor 1"-3".
- 34 Move right knee to right side (without lifting right ball of foot off floor, right knee bent, move knee to right side).
- 35 Move right knee to left side (without lifting right ball of foot off floor, right knee bent, move knee to left side).
- 36 Step right heel down on floor, without lifting right ball of foot off floor, right knee back to center.

SLIDE LEFT FORWARD, LEFT KNEE LEFT, LEFT KNEE RIGHT, LEFT HEEL DOWN:

- 37 Slide left ball of foot forward with left heel off floor 1"-3".
- 38 Move left knee to left side (without lifting left ball of foot off floor, left knee bent, move knee to left side)
- 39 Move left knee to right side (without lifting left ball of foot off floor, right knee bent, move knee to right side)
- 40 Step left heel down on floor, without lifting left ball of foot off floor, left knee back to center.

FORWARD TOE STRUTS:

- 41 Touch right toe forward (leaving right heel off floor 1"-3").
- 42 Step right heel down (without lifting right toes off floor).
- 43 Touch left toe forward (leaving left heel off floor 1"-3").
- 44 Step left heel down (without lifting left toes off floor).
- 45 Touch right toe forward (leaving right heel off floor 1"-3").
- 46 Step right heel down (without lifting right toes off floor).
- 47 Touch left toe forward (leaving left heel off floor 1"-3").
- 48 Step left heel down (without lifting left toes off floor).

RIGHT ¼ MONTEREY:

- 49 Touch right toe out to right side. (parallel to left foot)
- 50 Slide/pull right foot back to beside left foot while making ¼ pivot turn right (pivot on ball of left foot as you pull right foot to beside left foot, closing right foot beside left foot at end of turn) (body and feet facing 12:00 o'clock).
- 51 Touch left toe out to left side.
- 52 Step left foot beside right foot.

RIGHT TOE FAN, LEFT TOE FAN, HEEL SPLITS, TOE SPLITS:

- 53 Fan right toe out to right side (leaving right heel on floor, move right toes to right side, right toes pointing to 1:00-2:00 o'clock).
- 54 Fan right toe back to beside left foot (leaving right heel on floor, move right toes back to center).

- 55 Fan left toe out to left side (leaving left heel on floor, move left toes to left side, left toes pointing to 10:00-11:00 o'clock).
- 56 Fan left toe back to beside right foot (leaving left heel on floor, move left toes back to center).
- 57 Heel splits (with weight on balls of both feet, spread both heels apart with right heel pointing to approximately 4:00-5:00 o'clock and left heel pointing to approximately 7:00-8:00 o'clock).
- 58 Bring heels back together (with weight on balls of both feet, move heels back together...toes now facing 12:00 o'clock)
- 59 Toe splits (with weight on heels of both feet, spread toes of both feet apart with right toes pointing to approximately 1:00-2:00 o'clock and left toes pointing to approximately 10:00-11:00 o'clock).
- 60 Bring toes of both feet back together (with weight on heels of both feet, move toes of both feet back together...toes now facing 12:00 o'clock)

RIGHT ¼ MONTEREY:

- 61 Touch right toe out to right side. (parallel to left foot)
- 62 Slide/pull right foot back to beside left foot while making ¼ pivot turn right (pivot on ball of left foot as you pull right foot to beside left foot, closing right foot beside left foot at end of turn) (body and feet facing 3:00 o'clock).
- 63 Touch left toe out to left side.
- 64 Step left foot beside right foot.

ROCKING HOOKS WITH CLAPS:

- 65 Step right foot forward.
- 66 Cross left foot behind approximately right mid-calf (bending left knee, left toes are pointing downward as you cross left foot and left foot is not touching right leg) as you clap hands at chest level.
- 67 Step left foot back (stepping back from where left foot was in step #62).
- 68 Cross right ankle area across front of approximately left mid-shin (bending right knee, right toes pointing downward as you cross right foot and right foot is not touching left leg) as you clap hands at chest level.
- 69 Step right foot forward (stepping forward from where right foot was in step #62)
- 70 Cross left foot behind approximately right mid-calf (bending left knee, left toes are pointing downward as you cross left foot and left foot is not touching right leg) as you clap hands at chest level.
- 71 Step left foot back (stepping back from where left foot was in step #62).
- 72 Cross right ankle area across front of approximately left mid-shin (bending right knee, right toes pointing downward as you cross right foot and right foot is not touching left leg) as you clap hands at chest level.

RIGHT DIAGONAL FORWARD LOCK, BRUSH LEFT, LEFT DIAGONAL FORWARD LOCK, BRUSH RIGHT:

- 73 Step right ball of foot forward (stepping right foot forward from where it was in step #65 ...stepping toward 4:30 o'clock but feet and body facing forward to 3:00 o'clock).
- 74 Slide left ball of foot cross behind right foot (left toes on right side of right instep...weight on left foot).
- 75 Step right ball of foot forward (stepping toward 4:30 o'clock but feet and body facing forward to 3:00 o'clock).
- 76 Brush/move left ball of foot forward (left ball of foot comes in contact with the floor as you brush/move it forward toward 3:00 o'clock).
- 77 Step left ball of foot forward (stepping toward 1:30 o'clock but feet and body facing forward to 3:00 o'clock)
- 78 Slide right ball of foot cross behind left foot (right toes on left side of left instep...weight on right foot).
- 79 Step left ball of foot forward (stepping toward 1:30 o'clock but feet and body facing forward to 3:00 o'clock).
- 80 Brush/move right ball of foot forward (left ball of foot comes in contact with the floor as you brush/move it forward toward 3:00 o'clock).

STEP ACROSS LEFT, 1/2 TURN LEFT (2 COUNTS), HEELS DOWN:

- 81 Step right ball of foot across front of, and beside, left instep.
- 82 Pivot left ¼ turn on balls of both feet...starting ½ turn left...(start pivot with weight on ball of right foot...feet and body facing approximately 12:00 o'clock)...continuing movement into next step.
- 83 Continuing movement from step #74...continue pivoting another ¼ turn left on balls of both feet...completing ½ turn left (weight on balls of both feet...feet and body facing 9:00 o'clock).
- 84 Set both heels down on floor.

RIGHT TOE FAN, LEFT TOE FAN, HEEL SPLITS, TOE SPLITS:

- 85 Fan right toe out to right side (leaving right heel on floor, move right toes to right side, right toes pointing to 10:00-11:00 o'clock).
- 86 Fan right toe back to beside left foot (leaving right heel on floor, move right toes back to center).
- 87 Fan left toe out to left side (leaving left heel on floor, move left toes to left side, left toes pointing to 7:00-8:00 o'clock).
- Fan left toe back to beside right foot (leaving left heel on floor, move left toes back to center).
 Heel splits (with weight on balls of both feet, spread both heels apart with right heel pointing
- to approximately 1:00-2:00 o'clock and left heel pointing to approximately 4:00-5:00 o'clock).
- 90 Bring heels back together (with weight on balls of both feet, move heels back together...toes now facing 9:00 o'clock)
- 91 Toe splits (with weight on heels of both feet, spread toes of both feet apart with right toes pointing to approximately 10:00-11:00 o'clock and left toes pointing to approximately 7:00-8:00 o'clock).
- 92 Bring toes of both feet back together (with weight on heels of both feet, move toes of both feet back together...toes now facing 9:00 o'clock)

STEP ACROSS RIGHT, 1/2 TURN RIGHT (2 COUNTS), HEELS DOWN:

- 93 Step left ball of foot across front of, and beside, right instep.
- 94 Pivot right ¼ turn on balls of both feet...starting ½ turn right...(start pivot with weight on ball of left foot...feet and body facing approximately 12:00 o'clock)...continuing movement into next step.
- 95 Continuing movement from step #74...continue pivoting another ¼ turn right on balls of both feet...completing ½ turn right (weight on balls of both feet...feet and body facing 3:00 o'clock).
 96 Set both heels down on floor.

REPEAT