

Border-Line Cha-Beebop

COPPER KNOB
BYEPOSTETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Belinda Smith
音樂: Smooth (feat. Rob Thomas) - Santana



ROCK RIGHT FORWARD, LEFT IN PLACE, ROCK RIGHT BACK, LEFT IN PLACE, SIDE SHUFFLE RIGHT, ROCK LEFT FORWARD, RIGHT IN PLACE

1-2 Rock forward on right, rock back on left
3-4 Rock back on right, rock forward on left
5&6 Side shuffle to right, right-left-right
7-8 Rock forward on left, rock back on right

ROCK LEFT BACK, RIGHT IN PLACE, SIDE SHUFFLE LEFT, ROCK RIGHT FORWARD, ROCK LEFT BACK, RIGHT COASTER

1-2 Rock back on left, rock forward on right
3&4 Side shuffle to left, left-right-left
5-6 Rock forward on right, rock back on left
7&8 Step right back, left next to right, right forward (right coaster)

LEFT FORWARD, ½ TURN RIGHT, ROCK LEFT FORWARD, ROCK RIGHT BACK, LEFT COASTER, RIGHT TO RIGHT, ¼ TURN LEFT

1-2 Left forward and ½ turn right (weight ends on right)
3-4 Rock forward on left, rock back on right
5&6 Step left back, right next to left, left forward (left coaster)
7 Rock right out to right
8 ¼ turn left on left

SAILOR SHUFFLE LEFT, LEFT KICK-BALL-CHANGE, SIDE SHUFFLE LEFT

1-2 Step right across left, step left to left side
3&4 Right behind left, left next to right, right in place
5&6 Left kick-ball-change
7&8 Side shuffle to left, left-right-left

RIGHT KICK-BALL-CHANGE, SIDE SHUFFLE RIGHT, RIGHT SAILOR SHUFFLE

1&2 Right kick-ball-change
3&4 Side shuffle to right, right-left-right
5-6 Cross left over right, step right to right
7&8 Left behind right, right next to left, left in place

ROCK BACK RIGHT, ROCK FORWARD LEFT, ½ TURN LEFT, ½ TURN LEFT, RIGHT FORWARD WITH HIP BUMPS, LEFT FORWARD WITH HIP BUMPS

1 Rock back on right
2 Rock forward on left
3 ½ turn left (pivot on left, weight on right)
4 ½ turn left (pivot on right, weight on left)
5&6 Step forward on right bumping hips right-left-right
7&8 Step forward on left bumping hips left-right-left

REPEAT