

Bop To The Beat

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: Simon Ward (AUS)
音樂: Can't Get You Out of My Head - Kylie Minogue



- 1-2& Cross/rock right over left at 45 degrees left, recover rock back on left, step right beside left
3-4 Step left forward, pivot ½ turn right taking weight onto right
5-6 Rock/step left forward, rock/step right back turning ½ turn left
7&8 Complete ½ turn left stepping slightly forward on left, step right to right (push off)
- Take weight onto left**
- 1-2 Cross/step right over left, step left slightly back
3&4 Step right back, step left beside right, step right forward (coaster step)
5-6 Step left forward, pivot ½ turn right taking weight onto right foot
7-8 Step left forward turning a ½ turn right arcing right foot out and around, step right back arcing left foot out and around
- 1&2 Step left back, step right beside left, step left forward (coaster step)
3-4 Step right forward, pivot ½ turn left taking weight onto left
5-6 Step right forward, pivot ¼ turn left taking weight onto right
7&8 Cross/step right over left, step left slightly left, touch right heel at 45 degrees right (ball jack)
- &1-2 Step down on right, cross/step left over right, pivot ¾ turn right to face starting wall, kick right forward weight on left
3&4 Step right back, step left beside right, step right forward (coaster step)
5-8 Step left forward, pivot ½ turn right taking weight onto right, step left forward, pivot ½ turn right taking weight onto right
- 1-2 Cross/step forward left over right, point right ball to right (roll right arm around to left and click fingers down)
3&4 Cross/step right over left, rock left to left side, take weight onto right (samba step)
5-8 Repeat previous 4 counts
- 1-2 Step left forward, pivot ¼ turn right taking weight onto right
3-4 Cross/step left over right dragging right toe towards left, step right to right turning a ¼ turn left
5-6 Turn full turn back left over left shoulder stepping left, right
7&8 Turn a ½ turn left over your left shoulder & shuffle forward left-right-left
- 1-2 Step right forward, pivot ¼ turn left taking weight onto left
3-4 Cross/step right over left dragging left toe towards right, step left to left turning a ¼ turn right
5-6 Turn full turn back right over right shoulder stepping right, left
7&8 Turn a ½ turn right over your right shoulder & shuffle forward right-left-right
- 1-2& Step left at 45 degrees left, lock/step right behind left, step left at 45 degrees left (Dorothy step)
3-4& Step right at 45 degrees right, lock/step left behind right, step right at 45 degrees right (Dorothy step)
5-6 Step left forward, pivot ½ turn right taking weight onto right
7&8 Shuffle forward left-right-left

REPEAT

RESTART

On walls 1 & 3, finish on count 48 and start again
