

Booya

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Paul Richardson (USA)
音樂: Just a Little While - Janet Jackson



CHARLESTON WITH ½ TURN, CHARLESTON STEP, COASTER

1-2 Touch right toe forward, step right foot back
3-4 Touch left toe back, pivot ½ turn left stepping down on left
5-6 Touch right toe forward, step right foot back
7&8 Step left foot back, step right foot next to left, step left forward

ROCK, ¼ TURN, SHUFFLE, ROCK, ½ TURN, SHUFFLE

1-2 Rock right out to right side, make ¼ turn left recovering weight onto left
3&4 Step right forward, step left together, step right forward
5-6 Step left forward, pivot ½ turn right stepping down on right
7&8 Step left forward, step right together, step left forward

STEP OUT, STEP OUT, RIGHT SAILOR STEP, LEFT SAILOR STEP, KICK BALL CHANGE

1-2 Step right forward and out to right side, step left forward and out to left
3&4 Step right behind left, step left to left side, step right to right side
5&6 Step left behind right, step right to right side, step left to left side
7&8 Kick right foot forward, step right in place, step left in place

PIVOT ½ TURN, 2 WALKS, JUMP FORWARD, JUMP OUT, HEELS, TOES, HEELS

1-2 Step right foot forward, pivot ½ turn left stepping down on left
3-4 Walk right forward, walk left forward
&5&6 Small jump forward on right, small jump forward on left, small jump back on to the right with right foot, small jump back and to the left with left foot
7&8 Twist both heels in toward center, twist both toes in toward center, twist both heels in toward center

You should finish with both feet next to each other

REPEAT

RESTART

Near the end of the song (after 12 repetitions of the dance), Janet's singing slows down (this is very obvious in the music). The dance is continued through the slow section of the song, but on the 14th repetition only the first 16 counts are danced. That is followed by a 4 count hold and then a restart from the beginning of the dance.