

Bootylicious

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Morgan Ratcliffe (USA)
音樂: Bootylicious - Destiny's Child



ATTITUDE WALKS, FULL TURN BODY ROLL

- 1-2 Walk right, cross left (right hand in front fingers apart, bouncing shoulders 1&2&) facing body to 10:00
3-4 Repeat counts 1-2
5-6 Step right foot forward turn ½ turn over left shoulder, step right foot forward pivot ½ turn to left.
7-8 Body roll head to toe, putting weight on right foot

CROSS TOUCH, BEHIND SIDE CROSS, ROCK AND RECOVER, SLIDE

- 1-2 Cross left over right, point right toe to right side
3&4 Step right behind left, step left to left side, cross right over left
5&6 Rock left to left side recover to right foot, step left next to right
7-8 Step right (a really big step) to right, slide left to right

HIP BUMPS, WALK WALK WALK, KNEE TURNS

- 1&2& Bump right hip up to right side, down to left, then down to right side(making a "c")
3&4& Repeat 1-2 weight should be on right foot on & count turn ¼ turn to left with left foot
5-6 Walk right, then left
7-8 Make a figure 4 (right toe on left knee) make ¼ turn left and lower knee to help turn then on 8 hit the figure 4 again

Arm styling: make a "c" following hips with right hand first little on 1-2 and big (extend arm) on 3-4

KNEE HITCH WALK WALK, OUT PUSH HIPS, TALK TO THE HAND

- 1-2 Make ¼ turn left while kicking right foot behind walk right on 2
3-4 Walk left, step right to right side feet should be shoulder width apart
5-6 Push right hip to right side circle hips to left
7-8 Push hip to left side (continuing circle) and back to center on count 8, extend right hand in front like saying "talk to the hand" ready to start with hand out on count 1 (make sure there's a major attitude look here)

Styling option: make walks on counts 2 and 3 boogie walks bend knees and go side to side

REPEAT