

Bootscootin' Ladies

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Margaret Hill (AUS)
音樂: Bootscootin' Ladies - Jimmy Johnson



Jimmy Johnson can be reached at phone number 61 08 86330097

ROCKING CHAIR; 2 X BASKETBALL TURNS

1-4 Rock forward right foot, recover left foot, rock back on right foot, recover left foot
5-8 Rock forward right foot, turning ½ left, recover left foot, rock forward right foot, turning ½ left, recover left foot

TRAVELING KICK BALL CHANGE, HEEL STRUT; TWICE

1&2 Kick right foot forward, close right foot to left foot, small step left foot forward
3-4 Touch right heel forward, transfer weight to right foot dropping right toe
5&6 Kick left foot forward, close left foot to right foot, small step right foot forward
7-8 Touch left heel forward, transfer weight to left foot dropping left toe

SIDE, TOUCH, BACK, HEEL, FORWARD, TOUCH; LEFT ROLL

1-2& Step right foot to right, touch left foot to right foot, step left foot back
3&4 Touch right heel forward, step right foot forward, touch left foot to right foot
5-8 Roll full left turn, (left foot, right foot, left foot, close right foot to left foot) with a clap

2 X PADDLE TURNS; STEP/HEEL, HOLD, CHANGE HEEL, HOLD, STEP

1-2 Rock forward on left foot, turning ¼ right, recover right foot
3-4 Rock forward on left foot, turning ¼ right, recover right foot

Moving forward slightly for the next 4 counts

&5-6 Close left foot to right foot, right heel forward, hold
&7-8& Step onto right foot, left heel forward, hold/ step onto left foot slightly

ROCKING CHAIR; KICK & KNEE POPS MOVING FORWARD

1-4 Rock forward right foot; recover left foot, rock back on right foot, recover left foot
5& Kick right foot forward, step right foot forward
6 Bring left foot beside right foot, bend knees and push left knee in front of right
&7 Step left foot forward, push right knee in front of left
&8 Step right foot forward, push left knee in front of right
& Step left foot forward

ROCKING CHAIR; PADDLE TURN; DOUBLE RIGHT STOMP

1-4 Rock forward right foot, recover left foot, rock back on right foot, recover left foot
5-6 Rock forward on right foot, turning ¼ left, recover left foot
7-8 Stomp right foot beside left foot twice with claps

REPEAT