

Bootscooting

拍數: 32 牆數: 4 級數: Improver
編舞者: Unknown
音樂: Take These Chains from My Heart - Lee Roy Parnell



STEP, PIVOT, STEP, PIVOT, LEFT VINE

1-4 Step left forward, pivot ½ turn right, step left forward, pivot ½ turn right
5-8 Left to left, right behind left, left to left, touch right

STEP, PIVOT, STEP, PIVOT, RIGHT VINE

1-4 Step right forward, pivot ½ turn left, step right forward, pivot ½ turn left
5-8 Right to right, left behind right, right to right, touch left

TOUCH SIDE, TOUCH FRONT, STEP FORWARD, LOCK STEP

1-4 Touch left toe to left, touch left toe in front of right, step left forward, lock step right behind left
5-8 Repeat 1-4

LIFT BOTH HEELS ½ TURN & BOUNCE HEEL

1-2 Lift both heels (foot still apart) ½ turn right & bounce heels twice
3-4 Lift both heels, ½ turn left & bounce heels twice

STEP, SCUFF, ¼ TURN LEFT, HOLD

5-6 Step left forward, scuff right
7-8 Cross right over left, making ¼ turn left, hold

REPEAT
