

Bootscoot Barn

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lorraine Deering (AUS)
音樂: Bootscootin Barn - Chris Doyle



SWIVETS: RIGHT, CENTER, RIGHT, CENTER, LEFT, CENTER, LEFT, CENTER

1-2 Swivet: twist right toe right & left heel left, twist both to center
3-4 Swivet: twist right toe right & left heel left, twist both to center
5-6 Swivet: twist left toe left & right heel right, twist both to center
7-8 Swivet: twist left toe left & right heel right, twist both to center

SIDE, SLAP, SIDE, SLAP, VINE RIGHT ¼ TURN & TOUCH

1-2 Step right to the side, slap left heel with right hand
3-4 Step left to the side, slap right heel with left hand
5-6 Vine: step right to the side, step left behind right
7-8 Turn ¼ turn right step right forward, touch left together

DOUBLE HIPS LEFT, DOUBLE HIPS RIGHT, HIPS LEFT-RIGHT-LEFT-RIGHT

1-2 Step left slightly forward push hips left, push hips left
3-4 Push hips right, push hips right
5-6 Push hips left, push hips right
7-8 Push hips left, push hips right

SIDE SHUFFLE, BACK, ROCK, SIDE SHUFFLE, BACK, ROCK

1&2 Side shuffle to the left left-right-left
3-4 Step right back, rock forward onto left
5&6 Side shuffle to the right right-left-right
7-8 Step left back, rock forward onto right

FORWARD, TOUCH, BACK, TOUCH, SHUFFLE FORWARD, PIVOT TURN

1-2 Step left forward, touch right toe behind left
3-4 Step right back, touch left toe across in front of right
5&6 Shuffle forward left-right-left
7-8 Pivot: step right forward, turn ½ turn left take weight onto left

FORWARD, TOUCH, BACK, TOUCH, SHUFFLE FORWARD, PIVOT TURN

1-2 Step right forward, touch left toe behind right
3-4 Step left back, touch right toe across in front on left
5&6 Shuffle forward right-left-right
7-8 Pivot: step left forward, turn ½ turn right take weight onto right

SHIMMY FORWARD, CLAP, CLAP, SHIMMY FORWARD, CLAP, CLAP

1-2 Step left forward & shimmy shoulders (2 beats)
3-4 Touch right toe together & clap, touch right toe together & clap
5-6 Step right forward & shimmy shoulders (2 beats)
7-8 Touch left toe together & clap, touch left toe together & clap

TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT

1-2 Strut: step left toe forward, drop left heel to the floor
3-4 Strut: step right toe forward, drop right heel to the floor
5-6 Strut: step left toe forward, drop left heel to the floor

7-8

Strut: step right toe forward, drop right heel to the floor

REPEAT
