

Boots

拍數: 40 牆數: 4 級數: Improver
編舞者: Roger Steinberg (UK)
音樂: Boots (Radio Mix) - Alice's Boots



RIGHT, LEFT BEHIND RIGHT, CHASSIS RIGHT, ROCK LEFT OVER RIGHT, BACK ON RIGHT AND CHASSIS LEFT

1-2 Right to the right side, left behind right
3&4 Right to right and left beside right, right to right
5-6 Rock left diagonal over right, rock back onto right
7&8 Left to left side and right beside left, left to left side

RIGHT ACROSS LEFT, RIGHT ACROSS LEFT TWICE (SHUFFLE), SIDE ROCK LEFT AND RIGHT, ¼ TURN LEFT SAILOR SHUFFLE

1-2 Right across front of left foot, left to left side
3&4 Right across front of left and left to left side, right across front of left
5-6 Rock left side onto left and right side onto right
7&8 Turning ¼ left on ball of right swing left just to rear of right and right to right and forward of left, left forward of right

When right across front of left, legs will be crossed. Keep right foot horizontal to the direction you are traveling and you will be traveling left

WALK FORWARD RIGHT, LEFT, SHUFFLE RIGHT LEFT RIGHT, WALK FORWARD LEFT RIGHT SHUFFLE LEFT RIGHT LEFT

1-2 Walk forward on right, walk forward on left
3&4 Shuffle forward right, left, right
5-6 Walk forward on left walk forward on right
7&8 Shuffle forward left, right, left

ROCK RIGHT OVER LEFT, TWO STEP BACK FULL TURN RIGHT, COASTER STEP

1-2 Rock right over left back on right
3-4 Moving backwards ½ turn onto the right swiveling on ball of left, ½ turn onto left swiveling on ball of right
5&6 Back on the right and forward left, forward right

TWO LEFT TURNING JAZZ BOXES, SHUFFLE ON THE SPOT

1-2 Left forward and over right, back right
3-4 ¼ turn onto left, right beside left
5-6 Left forward and over right, back right
7-8 ¼ turn onto left, right beside left
9&10 Shuffle on the spot left, right, left

REPEAT