Boots

拍數: 48   牆數: 2   級數: Beginner straight rhythm

編舞者: Tina Riley (USA)

音樂: These Boots Are Made for Walkin' - Nancy Sinatra

RIGHT, LEFT, RIGHT, HOLD, LEFT, RIGHT, LEFT, HOLD

1-2	Step forward right, step forward left
3-4	Step forward right, hold
5-6	Step forward left, step forward right
7-8	Step forward left, hold (weight ends left)

RIGHT LEG SLOW DRAG INTO ¼ TURN, TOE STEP, TOE STEP

1-4	Right leg swings & slowly drags into a ¼ turn left (this is done in 4 counts, weight ends equally, facing 9:00 wall)
5-6	Step forward onto right toe, step down onto right heel
7-8	Step forward onto left toe, step down onto left heel (weight ends equally)

SWIVEL BOTH HEELS RIGHT, CENTER, LEFT, CENTER, POINT TOGETHER, POINT TOGETHER

1-2	Swivel both heels right, then back to center
3-4	Swivel both heels left, then back to center (weight needs to end on left)
5-6	Point right to the side, step back into place
7-8	Point left to the side, step back into place (weight ends left)

GRAPEVINE RIGHT, GRAPEVINE LEFT WITH ¼ TURN LEFT

1-2	Step to the side with right, left cross behind right
3-4	Step side right, touch left next right
5-6	Step to the side with left, right cross behind left
7-8	¼ turn left stepping with left, right brush next to left (weight ends left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 ½ PIVOT TURNS

1-2	Rock forward onto right, rock back onto left
3-4	Rock back onto right, rock forward onto left (weight ends on left)
5-6	Step forward onto right, pivot ½ turn left (end facing 12:00)
7-8	Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

ROCK FORWARD, ROCK BACK 2 ½ PIVOT TURNS

1-2	Rock forward onto right, rock back onto left
3-4	Rock back onto right, rock forward onto left (weight ends on left)
5-6	Step forward onto right, pivot ½ turn left (end facing 12:00)
7-8	Step forward right, pivot ½ turn left (weight ends on left, facing 6:00)

REPEAT