

Boots

拍數: 48 牆數: 2 級數: Improver
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音樂: These Boots Were Made For Walkin' - Jessica Simpson



RIGHT TOE SLIDE, LEFT TOE SLIDE

1-4 Point right toe to right side and slide to meet left
& Switch weight to right
5-8 Point left toe to left side and slide to meet right
& Switch weight to left

TOE TOUCHES, RIGHT, LEFT, RIGHT, LEFT

1-4 Touch right toe to front, step right in place, touch left toe to front, step left in place
5-8 Repeat counts 1-4

¼ TURN LEFT TWICE

1-4 Step right forward, hold, ¼ turn left, hold
5-8 Step right forward, hold, ¼ turn left, hold

POINT, STEPS FORWARD TWICE

1-4 Point right to right side, hold, step right in front, hold
5-8 Point left to left side, hold, step left in front, hold

POINT, STEPS BACKWARDS TWICE

1-4 Point right to right side, hold, step right behind, hold
5-8 Point left to left side, hold, step left in place, hold

KNEE DROPS (ROLLS)

1-4 Drop right knee to center, hold, roll right knee back out, hold
5-8 Drop left knee to center, hold, roll left knee back out, hold

REPEAT
