

Boom, Boom, Boom

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Low Intermediate
編舞者: Becky Pelletier (UK) & Lizzy Pickup (UK)
音樂: Boom, Boom, Boom, Boom!! - Vengaboys



TWO HESITATION STEPS, THREE WALKS AND HEEL TOUCH

1-2 Touch right toe forward & step heel down
3-4 Touch left toe forward & step heel down
5-7 Walk forward right, left, right
8 Touch left heel forward

BACKWARD SHUFFLES, HEEL TOUCH AND PIVOT

9&10 Shuffle backward left, right, left
11&12 Shuffle backward right, left, right
13-14 Tap left heel forward, step left forward
15-16 Step right forward, pivot turn ½ turn left

PIVOT, CROSS & HEELS

17-18 Step right forward, pivot turn ½ turn left
19-20 Cross right over left, step (jump) left back and touch right heel forward
21-22 Cross (jump) left over right, step (jump) right back and touch left heel forward
23-24 Bring feet together (jump together), hold for one beat

GRAPEVINE RIGHT WITH HEEL SLAP, GRAPEVINE LEFT WITH HEEL SLAP

25-26 Step right to right side, step left behind right
27-28 Step right to right side, slap left heel with right hand behind back
29-30 Step left to left side, step right behind left
31-32 Step left to left side, slap right heel with left hand behind back

REVERSE MONTEREY TURN

33-34 Point right toe to right side, step right next to left
35-36 Point left toe to left side pivot ½ turn left bringing left in next to right
37-38 Point right toe to right side, step right next to left
39-40 Point left toe to left side, step left next to right

HEEL JACKS, BODY ROLL & CLAP

41-42 Jump back with left & forward with right heel, & jump back together
43-44 Jump back with left & forward with right heel, & jump back together
45-47 Slow body roll back (begin forward roll with shoulders then body)

Alternative: Replace body roll with hip bumps

48 Clap

ROCK BACK WITH ¼ TURN, full turn. LEFT TURN FORWARD, JUMPS & CLAP

49 Rock right behind left, turning body ¼ right as prep for upcoming turn
50 Replace weight forward on left foot, starting to turn left completing ½ left on left foot
51 Step back with right, continuing to turn left completing ½ left on right foot
52 Step forward with left completing the full turn. Turn forward

Steps 49-52 are like the end of the dance Dizzy, except that this adds a ¼ turn on the rock back.

53-54 Jump forward twice with both feet together
55-56 Hold for one beat & clap

REPEAT

