

Boogie Woogie Shuffle

拍數: 64 牆數: 2 級數: Improver
編舞者: Michael John Sr. & Elaine Douris (UK)
音樂: Boogie Woogie Shuffle - Billy Davies



2 X SHUFFLES FORWARD (RIGHT AND LEFT), OUT AND INS

1&2 Step forward right, step left beside right, step forward right
3&4 Step forward left, step right beside left, step forward left
&5 Step right out to right, step left out to left
&6 Step right in, step left beside right
&7 Step right out to right, step left out to left
&8 Step right in, step left beside right

For added fun when dancing beats &5-8, pretend to play piano with hands moving out and in with feet positions

DIAGONAL STEP TOUCHES

9-10 Step diagonally forward on right, touch left next to right while clapping hands or snapping fingers
11-12 Step diagonally back on left, touch right next to left while clapping hands or snapping fingers
13-14 Step diagonally back on right, touch left next to right while clapping hands or snapping fingers
15-16 Step diagonally forward on left, touch right next to left while clapping hands or snapping fingers

TRAVELING HEEL TWISTS (RIGHT & LEFT)

17-20 Twist heels to right, twist toes to right, twist heels to right, hold & clap
21-24 Twist heels to left, twist toes to left, twist heels to left, hold & clap

TRAVELING HEEL TWISTS (MAKING ½ TURN TO RIGHT)

25-32 Twist heels to right, twist toes to right repeatedly over 8 beats while completing ½ turn to right (making a horseshoe shape)

For added fun when dancing beats 25-32, pretend to play piano with hands or shimmy hands at shoulder height

LEFT SHUFFLE, RIGHT SHUFFLE, STEP HOLD, TURN HOLD

33&34 Step forward left, close right beside left, step forward left
35&36 Step forward right, close left beside right, step forward right
33-36 can also be danced making 2 x ½ turning shuffles right while traveling towards 6:00 over right shoulder
37-38&39-40 Step forward left & hold, pivot ½ turn right & hold, ending with weight over the right foot

STEP HOLD, TURN HOLD, WALK FORWARD KICK/CLAP

41-42&43-44 Repeat steps 37-40

For added fun when dancing beats 37-44, snap fingers on the holds

For the more experienced dancers, steps 37-44 can also be danced as turning toe struts

45-48 Walk forward on left, walk forward on right, walk forward on left, kick right diagonally forward to the right (while clapping hands or snapping fingers)

BEHIND SIDE CROSS KICK TWICE

49-52 Step right behind left, step left to left side, step right across left, kick left to left side
53-56 Step left behind right, step right to right side, step left across right, kick right to right side

SWING TOUCHES, TAP KICK TWICE

&57&58 Step right next to left, touch left toe to left side, step left next to right, touch right toe to right side

&59-60 Step right next to left, touch left toe to left side, hold
61-62 Tap left toe across in front of right, kick left forward
&63-64 Step left next to right, tap right toe across in front of left, kick right forward

REPEAT
