

Boogie Woogie Joe

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Karren Gillman, Darren Bridgland & Rachel Greene
音樂: Dizzie Lizzie And Boogie Woogie Joe - John McCabe



1-2 Rock step left to left side, rock onto right
3&4 Cha-cha left, right left on the spot
5-6 Rock/step right forward, rock back onto left
7&8 Step right back, step left next to right, step right forward

9&10 Shuffle to the left - left, right, left
11-12 Step right back starting $\frac{1}{4}$ turn right, step left forward completing $\frac{1}{4}$ turn right
13&14 Shuffle forward - right, left, right
15 Still traveling slightly forward turn $\frac{1}{2}$ turn right and step left back
16 Turn $\frac{1}{4}$ right and step right to right side

Steps 15-16 complete $\frac{3}{4}$ turn right

17&18 Kick left foot forward, step left next to right, step right on spot
19-20 Step left to left side, drag right next to left
21&22 Kick right forward, step right next to left, step left on spot
23 Turn $\frac{1}{4}$ right and step right slightly forward
24 Turn $\frac{1}{4}$ right and step left to left side

Steps 23-24 complete $\frac{1}{2}$ turn to right

25-26 Touch right heel forward, touch right heel to right side
27&28 Step right back, step left next to right, step right forward
29-30 Touch left heel forward, touch left heel to left side
31-32 Cross/step left behind right, unwind $\frac{1}{2}$ turn left (weight to left)

33-34 Double hip bump to right stepping right foot to right side on first hip bump
35-36 Double hip bump to left
37-38 Cross right over left, step left back
39&40 Turn $\frac{1}{4}$ turn right & shuffle forward right, left, right

41-42 Step left forward, $\frac{1}{2}$ turn right (weight to right)
43-44 Turn $\frac{1}{2}$ right and step left back slightly, step right next to left
45-46 Kick left forward, touch left toe back
47-48 Step forward left, step forward right

REPEAT

TAG

Done the first and second time you start dancing to the right wall (i.e., sequence 2&6), before you restart the sequence again

1-2 Step left behind right, step right to right side, rock/step left to left (sailor step)
3&4 Step right back, step left next to right, step right forward (coaster step)
5-6 Step left forward, rock onto right
7-8 Step left backwards, step right next to left