Boogie Woogie Cowboy



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Michele Burton (USA) & Nancy Weir

音樂: Cowboys Like a Little Rock and Roll - Chris LeDoux



SHUFFLE FORWARD, ½ TURN, SHUFFLE BACKWARD, SHUFFLE BACKWARD, ½ TURN, SHUFFLE FORWARD

1&2& Right step forward, left close next to right, right step forward, pivot ½ turn right on ball of right

foot

3&4 Left step backward, right close next to left, left step backward

5&6& Right step backward, left close next to right, right step backward, pivot ½ turn left on ball of

right foot

7&8 Left step forward, right close next to left, left step forward

JAZZ SQUARE, JAZZ SQUARE

9-12 Right foot cross over left, left step behind right, right step side right, left brush forward

&13-14 Hop on right, left cross over right, right step behind left

15-16 Left step side left, right step beside left (weight on both feet)

HEEL/TOE SWIVELS. ONE FOOT TOE/HEEL SWIVEL TOUCHES

17-20 Swivel both heels right, swivel toes right, swivel both heels right, swivel toes right

The left foot continues to do the heel/toe swivels to the right on counts 21-24
21-22 Right toe touch to left instep, right heel touch to left instep
23-24 Right toe touch to left instep, right heel touch to left instep

ROCK STEP, 12/ TURN, SHUFFLE, SHUFFLE, STEP PIVOT

25-26& Right rock step forward (left stays in place), left rock step back, ½ pivot turn on ball of left foot

27&28 Right foot step forward, left close next to right, right step forward
29&30 Left foot step forward, right close next to left, left foot step forward
31-32 Right foot step forward, pivot ½ turn left (transferring weight to left foot)

CROSSOVER VINE

Right foot cross over left, left step to left, right foot cross behind left, left step to left, right foot

cross over left

LEFT TOE, HEEL, CROSS, RIGHT TOE, HEEL, CROSS, SIDE ROCK, STEP BACK, CROSS OVER, TOUCH, HOLD

Left toe touch into right instep, left heel touch into right instep, left cross over right
Right toe touch into left instep, right heel touch into left instep, right cross over left
Left step side left (rock), right step back, left cross over right, right touch to side

48 Hold

STEP SLAP, TOUCH SLAP, KICK, STEP LOCK, STEP

49-50 Right step forward, left knee lift (slap knee with left hand)
51-52 Left toe touch beside right foot, left knee lift (slap knee with left hand)
Left foot kick straight out from knee (extend left arm with thumb up)

54-56 Left step forward, right cross behind left, left step forward

1/4 TURN KNEE SLAP JAZZ SQUARE, SHIMMY

57 ½ turn left on ball of left foot while lifting and slapping right knee (slap with right hand)

58-60 Right cross over left, left step behind right, right step to right

61-62 Left step forward, shimmy shoulders

REPEAT

For the adventurous dancer or a team that likes a choreographed ending, this is our suggestion for a dynamic, eye-catching performance.

(Not for your local nightclub, bar, or beginner!)

BEGINNING OF WALL 6 (THE MUSIC CHANGES TEMPO ON WALL 6)

THE SHUFFLES (8 COUNT #1)

Count this at 1/2 speed

1-8 Three shuffles backwards. Turn to the front on the fourth shuffle (facing audience)

JAZZ SQUARE

The music continues to lose tempo. Good luck counting it! I'm not sure it can be counted.

9-12 Right cross over left, left step behind right, right step to right, left cross over right.

You'll hear a definite BOMP. On the bomp, right touch to right, reach right hand straight up with flashed jazz hand

HEEL/TOE SWIVELS

Music picks up normal tempo. This section remains as original choreography counts 17-24.

ROCK STEP, ½ TURN, SHUFFLE, SHUFFLE, STEP PIVOT

This section remains as original choreography counts 25-32

CROSSOVER VINE

33-37 Same as original choreography counts 33-37

38 Left toe touch to right instep

Left step out to left (weight on both feet). Both arms up in high V, with flashed jazz hands.