

Boogie Woogie Choo Choo

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 4 級數: Intermediate/Advanced
編舞者: Leslie-Ann Sturgeon (USA)
音樂: She's Got The Rhythm - Alan Jackson



RIGHT LEG KICKS

- 1-2 Kick right leg forward; hold
- 3-4 Kick right leg back; hold
- 5-6 Kick right leg forward; kick right leg back
- 7-8 Kick right leg forward twice.

CHARLESTON STEPS

- 9-10 Step right foot back; hold
- 11-12 Touch left toe back; hold
- 13-14 Step left foot forward; hold
- 15-16 Kick right leg forward twice.

MORE CHARLESTON STEPS

- 17-18 Step right foot back; hold
- 19-20 Touch left toe back; hold
- 21-22 Step left foot forward; hold
- 23-24 Kick right leg forward twice.

HEEL TOUCH, HIP ROLLS

- 25-26 Step right foot back; hold
- 27-28 Touch left heel forward; hold
- 29-32 Roll hips right to left twice--total of 4 counts.

MICHAEL JACKSON HIP THRUST SCOOT

- 33-36 Holding same position as above, scoot forward twice (use hips to move body forward in a snake-like movement)
- 37-40 Turning ¼ right, do four knee pops--right, left, right, right.

SIDE SHUFFLE, ROCK-STEP, SIDE SHUFFLE, ¼ TURN WITH KICKS

- 41&42 Step right foot to right side; step left together; step right to right side
- 43-44 Rock-step back on left; step forward onto right
- 45&46 Step left foot to left side; step right together; step left to left side
- 47-48 Turning ¼ left, kick right leg forward twice.

¼ TURN, SIDE SHUFFLE, ROCK-STEP, SIDE SHUFFLE, ROCK-STEP

- 49&50 Turning ¼ right, step right foot to right side; step left together; step right to right side
- 51-52 Rock-step left foot back; step forward on right
- 53&54 Step left to left side; step right together; step left to left side
- 55-56 Rock-step right foot back; step forward on left.

SHUFFLE, KICK, HOLD, SHUFFLE, ROCK-STEP

- 57&58 Step right foot forward; step left together; step right foot forward
- 59-60 Kick left foot forward; hold
- 61&62 Step left foot back; step right together; step left foot back
- 63-64 Rock-step right foot back; step forward on left.

FORWARD SHUFFLE, MILITARY TURN, HITCH & SCOOT

65&66 Step right foot forward; step left together; step right forward
67-68 Step left foot forward; pivot ½ turn right changing weight to right
69-72 Hitch left knee while scooting forward 3 times; stomp left beside right.

REPEAT
