Boogie Woogie Bugle Bop

級數: Intermediate/Advanced

編舞者: Mark Cosenza (USA)

拍數: 48

音樂: Boogie Woogie Bugle Boy - Company B

Begin on vocals for all songs listed. This is especially important for "Boogie Woogie Bugle Boy", since it is phrased perfectly to that song.

KNEE POPS RIGHT, KNEE POPS LEFT

- 1 Step right slightly forward and with weight on ball of right, pop right knee inward
- 2 Pop right knee outward
- 3-4 Repeat counts 1 and 2
- 5 Step left slightly forward and with weight on ball of left, pop left knee outward
- 6 Pop left knee inward
- 7-8 Repeat counts 5 and 6

For added style try twisting the opposite foot while doing the knee pops

CROSS STEPS RIGHT, LEFT, RIGHT, LEFT, RIGHT SIDE, FRONT, SIDE, BACK

- 9-10 Touch right side right, step right foot across left
- 11-12 Touch left side left, step left foot across right
- 13-14 Touch right side right, touch right toe across left
- 15 Touch right toe side right
- 16 Swing right foot behind left foot and touch toe behind and to the left of left foot (both calves should now be touching)

SCOOT BACK, SNAP FINGERS, SCOOT BACK, SNAP FINGERS, KICK & STEP, HEEL TOUCH

- 17 While in crossed position, scoot back on left
- 18 Snap fingers
- 19-20 Repeat counts 17 and 18
- 21 Kick right forward
- 22 Step right down
- &23 Step back on left and touch right heel forward
- &24 Step both feet back together (right, left) and transfer weight to left

RIGHT SWEEP QUARTER TURN, RIGHT SCOOT BACK TWICE, HEEL TOUCH TOGETHER

25-27 Sweep right foot to right (25) turning quarter right (26-27)

Keep weight on left as you face new wall

- 28-29 Scoot back twice on left and raise right pointing behind bouncing right toe off of the ground for each count
- &30 Step back on right and touch left heel forward
- &31 Step both feet back together left, right
- 32 Hold

To make the transition from count 27 to 28 easier, sweep your right foot immediately into the "point behind" position without stepping down

For those who have problems performing counts 28-30, the following alternative move can be done:

- 28&29 Shuffle back right, left, right
- 30 Tap left heel down

HEEL SWIVELS, SCOOT BACK WITH HANDS UP

- 33 Swivel heels to the right
- 34 Swivel heels back to center
- 35 Swivel heels to the left





牆數:4

- 36 Swivel heels back to center
- 37 Step down right
- 38 Step down left
- 39 Scoot back on both feet and hold hands up forward (as if pushing an object)
- 40 Hold

BOOGIE WOOGIE WALK, HALF RIGHT TURN SWEEP

- 41 Step right forward with both toes facing right
- 42 Step left forward with toe facing left and twist right foot to the left (both toes facing left)
- 43-44 Repeat counts 41, 42

Keep the weight on the balls of each foot while performing the "Boogie Woogie Walk"

- 45 Touch right toe to right side
- 46-48 Sweep back a half turn to the right

REPEAT